

Pl	Name	Zeit																	
D-10 (Damen bis 10) (2)																			
				2.4 km	20 Hm	7 P						Ziel							
		1(112)	2(101)	3(102)	4(110)	5(103)	6(111)	7(107)											
1	Lianne Joséfine Krü	44:15	16:08	18:32	22:08	25:39	31:22	35:45	40:42	44:15									
	Berliner Turnerscha		16:08	2:24	3:36	3:31	5:43	4:23	4:57	3:33									
2	Nelly Flach	47:16	14:09	17:39	23:40	27:32	34:44	38:26	42:34	47:16									
	TSV Karlshorst		14:09	3:30	6:01	3:52	7:12	3:42	4:08	4:42									
D-12 (Damen bis 12) (2)																			
				3.0 km	40 Hm	9 P						Ziel							
		1(112)	2(120)	3(131)	4(102)	5(110)	6(103)	7(111)	8(118)	9(132)									
1	Maria Tovchigrechik	30:33	2:34	5:00	10:07	15:00	17:29	21:28	24:20	26:16	29:20	30:33							
	SV IHW Alex 78 Berl		2:34	2:26	5:07	4:53	2:29	3:59	2:52	1:56	3:04	1:13							
2	Livia Uhlemann	35:30	3:08	6:38	13:41	20:07	22:19	26:05	28:20	30:45	34:22	35:30							
	ESV Lok Berlin-Sch		3:08	3:30	7:03	6:26	2:12	3:46	2:15	2:25	3:37	1:08							
D-14 (Damen bis 14) (3)																			
				4.2 km	90 Hm	9 P						Ziel							
		1(120)	2(119)	3(129)	4(113)	5(142)	6(135)	7(102)	8(150)	9(127)									
1	Renata Tserbaeva	51:45	4:19	6:27	15:14	22:31	30:52	35:12	39:03	47:13	49:38	51:45							
	SV IHW Alex 78 Berl		4:19	2:08	8:47	7:17	8:21	4:20	3:51	8:10	2:25	2:07							
2	Marika Kästner	1:24:54	28:41	35:29	42:59	50:01	57:21	1:01:13	1:05:16	1:14:41	1:23:44	1:24:54							
	ESV Lok Berlin-Sch		28:41	6:48	7:30	7:02	7:20	3:52	4:03	9:25	9:03	1:10							
	Frida Vogt	Fehlst	3:39	-----	42:48	55:29	1:03:51	1:07:11	1:10:17	1:19:49	1:23:05	1:25:36							
	Berliner Turnerscha		3:39		39:09	12:41	8:22	3:20	3:06	9:32	3:16	2:31							
D-16 (Damen bis 16) (1)																			
				5.2 km	110 Hm	11 P						Ziel							
		1(123)	2(110)	3(135)	4(122)	5(139)	6(137)	7(113)	8(131)	9(138)	10(120)	11(152)							
1	Pina Mauch	49:21	4:48	7:33	9:21	15:52	21:10	23:26	33:08	35:42	38:57	43:16	47:40	49:21					
	Berliner Turnerscha		4:48	2:45	1:48	6:31	5:18	2:16	9:42	2:34	3:15	4:19	4:24	1:41					
D-18 (Damen bis 18) (2)																			
				8.3 km	135 Hm	15 P											Ziel		
		1(119)	2(123)	3(135)	4(146)	5(121)	6(137)	7(113)	8(143)	9(129)	10(141)	11(128)	12(131)	13(138)	14(150)	15(127)			
1	Jolina Mix	1:59:52	4:37	13:25	17:57	26:07	39:39	41:51	53:50	58:06	1:08:55	1:18:40	1:24:55	1:36:32	1:40:08	1:55:44	1:58:18	1:59:52	
	Kaulsdorfer OLV Be		4:37	8:48	4:32	8:10	13:32	2:12	11:59	4:16	10:49	9:45	6:15	11:37	3:36	15:36	2:34	1:34	
	Athina Hirsch	Fehlst	4:15	9:40	13:54	23:39	30:21	32:45	42:56	47:36	51:03	58:50	1:03:25	1:11:37	1:15:23	-----	1:25:43	1:27:02	1:22:12
	ESV Lok Berlin-Sch		4:15	5:25	4:14	9:45	6:42	2:24	10:11	4:40	3:27	7:47	4:35	8:12	3:46	10:20	1:19		*145
D19-L (Damen ab 19 lang) (6)																			
				8.3 km	135 Hm	15 P												Ziel	
		1(119)	2(123)	3(135)	4(146)	5(121)	6(137)	7(113)	8(143)	9(129)	10(141)	11(128)	12(131)	13(138)	14(150)	15(127)			
1	Anicó Kulow	1:09:31	3:39	7:35	12:00	17:54	25:07	28:20	35:51	38:16	40:55	47:36	51:17	56:59	59:51	1:07:25	1:08:09	1:09:31	1:07:28
	Berliner Turnerscha		3:39	3:56	4:25	5:54	7:13	3:13	7:31	2:25	2:39	6:41	3:41	5:42	2:52	7:34	0:44	1:22	*104
2	Isabell Jänich	1:17:02	3:58	8:43	11:55	19:29	25:24	27:01	35:42	38:37	42:07	48:55	52:27	59:00	1:02:12	1:09:42	1:15:36	1:17:02	
	Kaulsdorfer OLV Be		3:58	4:45	3:12	7:34	5:55	1:37	8:41	2:55	3:30	6:48	3:32	6:33	3:12	7:30	5:54	1:26	
3	Ronja Fell	1:19:18	4:24	9:04	12:32	20:40	27:12	29:33	40:11	43:18	46:25	53:53	57:30	1:04:24	1:07:37	1:17:22	1:17:58	1:19:18	
	Berliner TSC		4:24	4:40	3:28	8:08	6:32	2:21	10:38	3:07	3:07	7:28	3:37	6:54	3:13	9:45	0:36	1:20	
4	Julia Neelmeijer	1:22:56	5:34	9:58	14:53	23:02	29:41	31:45	41:44	44:57	48:35	55:51	59:40	1:06:39	1:09:53	1:19:33	1:21:32	1:22:56	
	Post SV Dresden		5:34	4:24	4:55	8:09	6:39	2:04	9:59	3:13	3:38	7:16	3:49	6:59	3:14	9:40	1:59	1:24	
5	Sabine Haas	1:29:32	4:46	9:31	14:22	23:18	31:13	34:30	42:32	46:55	50:32	57:38	1:01:25	1:09:13	1:15:22	1:25:40	1:28:16	1:29:32	
			4:46	4:45	4:51	8:56	7:55	3:17	8:02	4:23	3:37	7:06	3:47	7:48	6:09	10:18	2:36	1:16	
	Almut Dreßler	Fehlst	3:49	9:14	12:38	-----	26:14	28:29	43:18	49:41	55:06	1:01:37	1:06:25	1:13:21	1:16:06	1:23:45	1:24:20	1:25:32	19:49
	SV IHW Alex 78 Berl		3:49	5:25	3:24		13:36	2:15	14:49	6:23	5:25	6:31	4:48	6:56	2:45	7:39	0:35	1:12	*122

Pl	Name	Zeit												Ziel				
D19-K (Damen ab 19 kurz) (6)			5.2 km 110 Hm 11 P															
			1(123)	2(110)	3(135)	4(122)	5(139)	6(137)	7(113)	8(131)	9(138)	10(120)	11(152)	Ziel				
1	Carmen Powik	42:36	4:02	6:30	8:02	13:51	18:15	20:28	28:36	31:33	34:23	36:44	40:19	42:36				
	OK Mark Brandenb		4:02	2:28	1:32	5:49	4:24	2:13	8:08	2:57	2:50	2:21	3:35	2:17				
2	Claudia Becker	1:02:44	8:00	10:45	12:50	25:59	31:26	33:44	44:26	46:52	53:34	56:34	1:00:54	1:02:44				
	Berliner Turnerscha		8:00	2:45	2:05	13:09	5:27	2:18	10:42	2:26	6:42	3:00	4:20	1:50				
3	Janina Liersch	1:04:53	5:45	9:19	15:28	24:38	31:34	36:23	46:17	50:16	54:21	57:22	1:01:19	1:04:53				
	Berliner TSC		5:45	3:34	6:09	9:10	6:56	4:49	9:54	3:59	4:05	3:01	3:57	3:34				
4	Elisa Wolf	1:09:11	7:13	11:21	14:15	23:38	29:58	32:15	46:00	49:37	54:15	57:17	1:05:48	1:09:11				
	Kaulsdorfer OLV Be		7:13	4:08	2:54	9:23	6:20	2:17	13:45	3:37	4:38	3:02	8:31	3:23				
5	Viktoria Jungto	1:27:06	8:32	12:28	17:26	25:27	34:01	36:51	50:19	53:51	1:03:22	1:08:12	1:23:41	1:27:06				
	Berliner TSC		8:32	3:56	4:58	8:01	8:34	2:50	13:28	3:32	9:31	4:50	15:29	3:25				
	Thessa Jobst	Aufg	5:14	9:20	12:43	-----	-----	-----	-----	18:58	22:45	26:09	30:35	34:01				
	Kaulsdorfer OLV Be		5:14	4:06	3:23					6:15	3:47	3:24	4:26	3:26				
D35- (Damen ab 35) (2)			7.3 km 135 Hm 15 P															
			1(132)	2(104)	3(138)	4(110)	5(135)	6(105)	7(122)	8(121)	9(137)	10(125)	11(128)	12(113)	13(129)	14(140)	15(119)	Ziel
1	Annette Leonhardt	1:13:26	3:18	6:44	13:24	17:17	19:25	26:18	28:45	35:25	37:48	43:00	48:51	54:28	1:00:03	1:05:48	1:08:37	1:13:26
	SV IHW Alex 78 Berl		3:18	3:26	6:40	3:53	2:08	6:53	2:27	6:40	2:23	5:12	5:51	5:37	5:35	5:45	2:49	4:49
2	Katrin Charlet	1:24:00	4:12	6:20	13:10	17:53	20:33	28:32	31:27	39:52	41:54	47:39	54:47	1:01:11	1:08:09	1:14:46	1:18:17	1:24:00
	Kaulsdorfer OLV Be		4:12	2:08	6:50	4:43	2:40	7:59	2:55	8:25	2:02	5:45	7:08	6:24	6:58	6:37	3:31	5:43
D40- (Damen ab 40) (1)			6.1 km 130 Hm 14 P															
			1(104)	2(151)	3(138)	4(110)	5(142)	6(125)	7(136)	8(113)	9(131)	10(143)	11(129)	12(140)	13(119)	14(144)	Ziel	
1	Sibylle Uhlemann	2:24:47	19:13	40:50	54:24	1:03:55	1:14:35	1:19:06	1:24:49	1:39:54	1:44:44	1:51:46	1:58:04	2:09:46	2:14:56	2:21:25	2:24:47	
	ESV Lok Berlin-Sch		19:13	21:37	13:34	9:31	10:40	4:31	5:43	15:05	4:50	7:02	6:18	11:42	5:10	6:29	3:22	
D45- (Damen ab 45) (2)			6.1 km 130 Hm 14 P															
			1(104)	2(151)	3(138)	4(110)	5(142)	6(125)	7(136)	8(113)	9(131)	10(143)	11(129)	12(140)	13(119)	14(144)	Ziel	
1	Katrin Kubald	55:31	4:24	10:59	16:09	19:46	24:00	25:24	27:38	33:03	36:07	38:37	42:07	47:11	49:48	52:48	55:31	
	Kaulsdorfer OLV Be		4:24	6:35	5:10	3:37	4:14	1:24	2:14	5:25	3:04	2:30	3:30	5:04	2:37	3:00	2:43	
2	Bettina Rudert	1:14:01	3:43	14:45	20:44	35:09	39:24	41:23	45:13	51:05	53:50	56:47	1:00:44	1:06:00	1:08:52	1:11:19	1:14:01	
	SV IHW Alex 78 Berl		3:43	11:02	5:59	14:25	4:15	1:59	3:50	5:52	2:45	2:57	3:57	5:16	2:52	2:27	2:42	
D50- (Damen ab 50) (9)			5.2 km 110 Hm 11 P															
			1(123)	2(110)	3(135)	4(122)	5(139)	6(137)	7(113)	8(131)	9(138)	10(120)	11(152)	Ziel				
1	Sabine Juckelandt	49:17	5:11	8:35	10:30	16:42	22:04	23:42	33:02	36:12	39:22	42:15	47:04	49:17				
	SV Robotron Dresden		5:11	3:24	1:55	6:12	5:22	1:38	9:20	3:10	3:10	2:53	4:49	2:13				
2	Britta Brünings	51:02	4:48	8:27	10:50	17:55	23:13	24:57	34:25	37:14	42:18	44:45	48:51	51:02				
	TSV Karlshorst		4:48	3:39	2:23	7:05	5:18	1:44	9:28	2:49	5:04	2:27	4:06	2:11	41:30	*123		
3	Gudrun Brettschnei	55:28	5:16	8:32	10:41	17:42	24:18	26:02	37:11	40:31	45:25	48:25	52:54	55:28				
	Kaulsdorfer OLV Be		5:16	3:16	2:09	7:01	6:36	1:44	11:09	3:20	4:54	3:00	4:29	2:34				
4	Heike Leideck	57:37	5:24	8:46	11:10	21:33	27:51	29:36	39:38	43:01	46:31	49:18	55:02	57:37				
	USV TU Dresden		5:24	3:22	2:24	10:23	6:18	1:45	10:02	3:23	3:30	2:47	5:44	2:35	51:07	*119		
5	Kerstin Ahlburg	1:00:57	7:27	11:08	13:20	25:46	31:35	33:13	43:43	47:09	50:54	53:51	58:10	1:00:57				
	SV IHW Alex 78 Berl		7:27	3:41	2:12	12:26	5:49	1:38	10:30	3:26	3:45	2:57	4:19	2:47				
6	Kirsten Käding	1:02:08	6:57	10:48	13:24	21:49	29:13	32:41	45:41	48:41	52:21	55:08	59:01	1:02:08				
	Kaulsdorfer OLV Be		6:57	3:51	2:36	8:25	7:24	3:28	13:00	3:00	3:40	2:47	3:53	3:07				
7	Eva Koch	1:34:44	9:48	14:26	17:32	27:54	45:07	47:04	1:05:59	1:11:15	1:17:15	1:21:29	1:30:01	1:34:44				
	Kaulsdorfer OLV Be		9:48	4:38	3:06	10:22	17:13	1:57	18:55	5:16	6:00	4:14	8:32	4:43	40:28	*137		

Pl	Name	Zeit													
D50- (Damen ab 50) (9)			5.2 km 110 Hm			11 P			<i>(Forts.)</i>						
			1(123)	2(110)	3(135)	4(122)	5(139)	6(137)	7(113)	8(131)	9(138)	10(120)	11(152)	Ziel	
8	Kaminski Katja Charlottenburger T	1:48:59	10:01 10:01	16:43 6:42	22:03 5:20	37:20 15:17	50:56 13:36	54:39 3:43	1:17:25 22:46	1:23:00 5:35	1:29:25 6:25	1:35:23 5:58	1:42:30 7:07	1:48:59 6:29	
9	Katja Deckert	2:23:17	9:59 9:59	18:10 8:11	23:39 5:29	39:23 15:44	52:50 13:27	56:23 3:33	1:17:54 21:31	1:38:14 20:20	1:51:16 13:02	1:59:47 8:31	2:17:39 17:52	2:23:17 5:38	
D60- (Damen ab 60) (2)			5.3 km 80 Hm			12 P									
			1(104)	2(147)	3(120)	4(143)	5(131)	6(138)	7(135)	8(142)	9(113)	10(129)	11(140)	12(119)	Ziel
1	Monika Braatz SV IHW Alex 78 Berl	1:23:36	4:35 4:35	13:36 9:01	22:11 8:35	29:42 7:31	32:46 3:04	37:21 4:35	42:45 5:24	47:58 6:43	54:43 6:22	1:01:05 8:18	1:09:23 7:05	1:16:28 7:08	1:23:36
2	Kerstin Mielecke Kaulsdorfer OLV Be	1:47:18	8:08 8:08	19:45 11:37	28:27 8:42	35:24 6:57	39:52 4:28	48:19 8:27	56:37 8:18	1:01:48 5:11	1:13:15 11:27	1:23:13 9:58	1:32:51 9:38	1:39:17 6:26	1:47:18 8:01
D65- (Damen ab 65) (4)			4.1 km 90 Hm			8 P									
			1(119)	2(140)	3(129)	4(125)	5(142)	6(135)	7(138)	8(104)	Ziel				
1	Erika Lemnitzer Kaulsdorfer OLV Be	54:55	5:03 5:03	8:33 3:30	14:55 6:22	33:56 19:01	35:48 1:52	39:25 3:37	44:29 5:04	52:28 7:59	54:55 2:27				
2	Marie-Reine Oudin CO Colmar	1:08:38	6:03 6:03	9:54 3:51	17:01 7:07	39:02 22:01	44:08 5:06	48:17 4:09	55:47 7:30	1:05:32 9:45	1:08:38 3:06				
	Margitta Stöhr	Fehlst	9:47	15:41	25:47	-----	-----	-----	41:41	57:10	1:01:55				
	SG Dittersdorf		9:47	5:54	10:06										
	Susi Thiel	Fehlst	14:23	18:38	29:00	46:33	48:34	52:48	1:05:35	-----	1:13:21	1:02:38			
	SV IHW Alex 78 Berl		14:23	4:15	10:22	17:33	2:01	4:14	12:47	7:46		*123			
H-10 (Herren bis 10) (3)			2.4 km 20 Hm			7 P									
			1(112)	2(101)	3(102)	4(110)	5(103)	6(111)	7(107)	Ziel					
1	Louis Antoine Krüg Berliner Turnerscha	31:15	4:03 4:03	6:21 2:18	10:04 3:43	13:34 3:30	19:17 5:43	23:40 4:23	28:39 4:59	31:15 2:36					
2	Arthur Vogt Berliner Turnerscha	41:11	10:05 10:05	15:57 5:52	21:29 5:32	23:35 2:06	28:35 5:00	32:11 3:36	37:28 5:17	41:11 3:43					
3	Lionel Kumbier Berliner Turnerscha	57:44	3:33 3:33	29:57 26:24	35:41 5:44	42:09 6:28	48:01 5:52	51:04 3:03	54:52 3:48	57:44 2:52					
H-12 (Herren bis 12) (2)			3.0 km 40 Hm			9 P									
			1(112)	2(120)	3(131)	4(102)	5(110)	6(103)	7(111)	8(118)	9(132)	Ziel			
1	Fidelius Cain TSV Karlshorst	44:31	4:30 4:30	9:44 5:14	15:03 5:19	22:33 7:30	25:06 2:33	34:35 9:29	38:11 3:36	39:45 1:34	43:11 3:26	44:31 1:20	43:11	*132	
2	Janik Keller ESV Lok Berlin-Sch	50:40	4:01 4:01	9:13 5:12	19:17 10:04	26:05 6:48	30:25 4:20	35:33 5:08	39:13 3:40	41:33 2:20	49:13 7:40	50:40 1:27			
H-14 (Herren bis 14) (3)			5.0 km 110 Hm			12 P									
			1(152)	2(140)	3(129)	4(143)	5(113)	6(136)	7(125)	8(135)	9(102)	10(151)	11(118)	12(127)	Ziel
1	Weihang Huang Berliner Turnerscha	35:35	4:08 4:08	4:45 0:37	8:00 3:15	10:28 2:28	12:43 2:15	17:49 5:06	20:00 2:11	22:27 2:27	24:18 1:51	30:07 5:49	0:40	3:36	35:35 1:12
2	Jonas Lange SV IHW Alex 78 Berl	43:20	4:21 4:21	7:27 3:06	13:47 6:20	16:31 2:44	19:59 3:28	25:22 5:23	27:50 2:28	30:42 2:52	32:43 2:01	39:27 6:44	39:38 0:11	41:55 2:17	43:20 1:25
3	Bjarne Wolf OLV Potsdam	54:54	4:43 4:43	5:56 1:13	11:05 5:09	14:59 3:54	20:29 5:30	27:08 6:39	30:15 3:07	34:13 3:58	37:20 3:07	46:25 9:05	48:02 1:37	52:51 4:49	54:54 2:03

Pl	Name	Zeit																						
H35- (Herren ab 35) (6)			11.1 km 150 Hm			21 P			<i>(Forts.)</i>															
			1(150)	2(132)	3(123)	4(135)	5(105)	6(146)	7(121)	8(116)	9(134)	10(117)	11(109)	12(137)	13(142)	14(113)	15(143)	16(129)	17(148)	18(114)	19(126)	20(140)	21(144)	Ziel
2	Tobias Schwartz Berliner TSC	1:40:37	6:10	6:13	11:19	14:00	20:18	22:05	28:40	34:15	38:19	40:49	42:50	47:35	52:39	1:00:11	1:08:04	1:10:56	1:17:12	1:27:36	1:30:22	1:35:58	1:38:22	1:40:37
			6:10	0:03	5:06	2:41	6:18	1:47	6:35	5:35	4:04	2:30	2:01	4:45	5:04	7:32	7:53	2:52	6:16	10:24	2:46	5:36	2:24	2:15
3	Hartmut Brettschnei Kaulsdorfer OLV Be	1:43:19	6:34	7:39	14:18	17:53	24:23	27:08	33:41	40:51	44:14	47:46	50:26	57:38	1:03:16	1:07:55	1:10:51	1:14:17	1:21:40	1:25:26	1:29:18	1:37:20	1:40:11	1:43:19
			6:34	1:05	6:39	3:35	6:30	2:45	6:33	7:10	3:23	3:32	2:40	7:12	5:38	4:39	2:56	3:26	7:23	3:46	3:52	8:02	2:51	3:08
4	Jochen Winkler Kaulsdorfer OLV Be	1:47:16	6:24	7:01	13:09	16:44	23:02	26:17	33:36	40:17	43:28	46:37	49:32	59:05	1:04:35	1:09:38	1:14:54	1:19:31	1:26:02	1:32:23	1:35:57	1:42:02	1:44:48	1:47:16
			6:24	0:37	6:08	3:35	6:18	3:15	7:19	6:41	3:11	3:09	2:55	9:33	5:30	5:03	5:16	4:37	6:31	6:21	3:34	6:05	2:46	2:28
5	Mindaugas Sapalas SV IHW Alex 78 Berl	1:59:57	6:48	8:43	16:21	21:17	28:14	30:51	38:33	46:22	50:09	54:02	57:29	1:07:26	1:14:59	1:20:59	1:24:05	1:28:18	1:38:39	1:42:59	1:46:34	1:54:31	1:57:19	1:59:57
			6:48	1:55	7:38	4:56	6:57	2:37	7:42	7:49	3:47	3:53	3:27	9:57	7:33	6:00	3:06	4:13	10:21	4:20	3:35	7:57	2:48	2:38
AK	Oliver Schakat Berliner TSC	2:16:46	7:13	12:40	24:42	28:32	35:48	38:07	49:33	56:03	1:01:19	1:04:57	1:14:46	1:23:05	1:31:22	1:37:57	1:41:15	1:45:28	1:55:24	1:59:45	2:03:26	2:12:04	2:14:26	2:16:46
			7:13	5:27	12:02	3:50	7:16	2:19	11:26	6:30	5:16	3:38	9:49	8:19	8:17	6:35	3:18	4:13	9:56	4:21	3:41	8:38	2:22	2:20
H40- (Herren ab 40) (8)			10.8 km 140 Hm			18 P																		
			1(150)	2(151)	3(138)	4(110)	5(121)	6(149)	7(134)	8(108)	9(109)	10(137)	11(125)	12(142)	13(133)	14(141)	15(143)	16(129)	17(153)	18(144)	Ziel			
1	Sven Hommen SV IHW Alex 78 Berl	1:12:33	5:19	7:44	11:31	14:00	20:55	22:58	29:44	31:59	37:40	42:32	46:45	47:54	53:33	57:22	1:02:43	1:05:19	1:10:52	1:10:43	1:12:33			
			5:19	2:25	3:47	2:29	6:55	2:03	6:46	2:15	5:41	4:52	4:13	1:09	5:39	3:49	5:21	2:36	5:33	1:50				
2	Henryk Dobsław USV TU Dresden	1:15:49	5:16	7:27	11:05	13:43	20:31	22:34	28:45	31:31	35:12	41:24	45:46	46:57	52:43	57:39	1:04:44	1:07:16	1:13:57	1:13:47	1:15:49			
			5:16	2:11	3:38	2:38	6:48	2:03	6:11	2:46	3:41	6:12	4:22	1:11	5:46	4:56	7:05	2:30	6:41	2:02				
3	Mariusz Kramski UKS Energetyk Dyc	1:19:31	5:32	7:34	11:20	14:10	23:51	26:30	32:17	34:44	38:37	44:36	49:38	51:26	57:44	1:01:47	1:07:20	1:10:06	1:17:23	1:17:23	1:19:31			
			5:32	2:02	3:46	2:50	9:41	2:39	5:47	2:27	3:53	5:59	5:02	1:48	6:18	4:03	5:33	2:46	7:17	0:00 2:08				
4	Tomasz Zak UKS Energetyk Dyc	1:26:37	8:25	10:55	15:22	18:02	26:19	29:20	35:11	37:40	44:16	49:29	53:29	56:29	1:02:39	1:06:44	1:12:34	1:15:27	1:24:13	1:24:13	1:26:37			
			8:25	2:30	4:27	2:40	8:17	3:01	5:51	2:29	6:36	5:13	4:00	3:00	6:10	4:05	5:50	2:53	8:46	0:00 2:24				
5	Marcin Grydziusko UKS Energetyk Dyc	1:32:22	5:42	8:49	16:30	20:11	29:11	37:59	43:53	46:50	50:40	56:44	1:01:42	1:03:18	1:09:51	1:14:07	1:19:36	1:22:23	1:29:37	1:29:45	1:32:22			
			5:42	3:07	7:41	3:41	9:00	8:48	5:54	2:57	3:50	6:04	4:58	1:36	6:33	4:16	5:29	2:47	7:14	0:08 2:37				
6	Thomas Krieger TSV Karlshorst	1:52:48	6:34	10:38	16:35	19:39	29:32	33:44	41:41	50:30	57:00	1:06:50	1:12:10	1:13:41	1:22:26	1:27:53	1:36:13	1:39:55	1:49:05	1:49:53	1:52:48	4:05 *145		
			6:34	4:04	5:57	3:04	9:53	4:12	7:57	8:49	6:30	9:50	5:20	1:31	8:45	5:27	8:20	3:42	9:10	0:48 2:55				
7	Stefan Winterfeldt SV IHW Alex 78 Berl	2:31:43	8:33	17:14	26:13	31:04	47:17	51:46	1:01:59	1:07:32	1:13:49	1:26:31	1:35:59	1:38:01	1:51:45	1:59:52	2:12:34	2:17:40	2:28:25	2:28:49	2:31:43			
			8:33	8:41	8:59	4:51	16:13	4:29	10:13	5:33	6:17	12:42	9:28	2:02	13:44	8:07	12:42	5:06	10:45	0:24 2:54				
	Andreas Rudert SV IHW Alex 78 Berl	Fehlst	-----	9:37	16:57	20:08	34:14	37:07	44:54	48:40	54:20	1:02:14	1:07:27	1:09:47	1:16:57	1:23:22	1:29:49	1:34:10	1:42:12	1:42:57	1:45:24	4:09 *145		
				9:37	7:20	3:11	14:06	2:53	7:47	3:46	5:40	7:54	5:13	2:20	7:10	6:25	6:27	4:21	8:02	0:45 2:27				
H45- (Herren ab 45) (9)			9.0 km 135 Hm			15 P																		
			1(104)	2(111)	3(138)	4(135)	5(130)	6(146)	7(137)	8(113)	9(131)	10(143)	11(141)	12(154)	13(142)	14(120)	15(152)	Ziel						
1	Stefan Bleidorn SV IHW Alex 78 Berl	1:00:51	2:29	5:26	11:00	13:29	15:59	19:16	25:22	31:56	34:13	36:03	40:56	44:44	51:15	55:54	59:41	1:00:51	10:11 *123					
			2:29	2:57	5:34	2:29	2:30	3:17	6:06	6:34	2:17	1:50	4:53	3:48	6:31	4:39	3:47	1:10						
2	Henry Jobst Kaulsdorfer OLV Be	1:05:50	3:09	5:39	11:02	13:50	16:29	21:44	26:31	34:00	36:18	38:41	44:37	48:24	56:14	1:01:10	1:04:32	1:05:50						
			3:09	2:30	5:23	2:48	2:39	5:15	4:47	7:29	2:18	2:23	5:56	3:47	7:50	4:56	3:22	1:18						
3	Udo Lange SV IHW Alex 78 Berl	1:08:02	2:45	6:53	12:34	15:28	18:06	20:58	26:30	34:06	36:27	38:30	44:24	48:21	58:03	1:03:03	1:06:27	1:08:02	11:55 *123					
			2:45	4:08	5:41	2:54	2:38	2:52	5:32	7:36	2:21	2:03	5:54	3:57	9:42	5:00	3:24	1:35						
4	Michael Hase TSV Karlshorst	1:09:42	3:58	6:24	12:03	15:03	18:46	21:35	26:24	35:54	38:01	40:39	47:02	50:54	58:47	1:04:04	1:08:14	1:09:42	1:05:15 *119					
			3:58	2:26	5:39	3:00	3:43	4:49	9:30	2:07	2:38	6:23	3:52	7:53	5:17	4:10	1:28							
5	Jerzy Deptuła UKS Energetyk Dyc	1:10:36	2:50	5:28	11:37	14:51	18:10	21:34	29:30	37:36	40:29	42:32	47:57	52:06	1:00:21	1:05:28	1:08:49	1:10:36						
			2:50	2:38	6:09	3:14	3:19	3:24	7:56	8:06	2:53	2:03	5:25	4:09	8:15	5:07	3:21	1:47						
6	Björn Finkenstädt OLV Potsdam	1:18:50	3:12	6:55	14:03	18:35	24:46	28:59	34:32	42:44	45:22	48:05	54:01	58:13	1:08:18	1:13:47	1:17:18	1:18:50						
			3:12	3:43	7:08	4:32	6:11	4:13	5:33	8:12	2:38	2:43	5:56	4:12	10:05	5:29	3:31	1:32						
7	Norbert Charlet Kaulsdorfer OLV Be	1:44:40	3:59	9:16	19:35	24:09	28:59	33:49	44:07	54:55	58:57	1:02:14	1:10:34	1:16:11	1:28:35	1:36:25	1:41:08	1:44:40						
			3:59	5:17	10:19	4:34	4:50	10:18	10:48	4:02	3:17	8:20	5:37	12:24	7:50	4:43	3:32							
8	Jürgen Kaminski Charlottenburger T	2:09:00	5:42	11:09	21:45	27:22	33:21	38:42	49:22	1:03:28	1:07:40	1:11:08	1:22:36	1:28:57	1:45:08	1:55:08	2:02:01	2:09:00						
			5:42	5:27	10:36	5:37	5:59	5:21	10:40	14:06	4:12	3:28	11:28	6:21	16:11	10:00	6:53	6:59						

Pl	Name	Zeit																Ziel					
H45- (Herren ab 45) (9)			9.0 km 135 Hm			15 P			<i>(Forts.)</i>														
			1(104)	2(111)	3(138)	4(135)	5(130)	6(146)	7(137)	8(113)	9(131)	10(143)	11(141)	12(154)	13(142)	14(120)	15(152)	Ziel					
	Frank Braatz	Fehlst	6:27	10:02	-----	22:06	26:33	30:46	39:08	52:15	56:04	59:59	1:08:25	1:14:04	1:26:31	1:34:26	1:39:01	1:41:45	18:02				
	SV IHW Alex 78 Berl		6:27	3:35		12:04	4:27	4:13	8:22	13:07	3:49	3:55	8:26	5:39	12:27	7:55	4:35	2:44	*123				
H50- (Herren ab 50) (10)			8.4 km 125 Hm			18 P															Ziel		
			1(127)	2(150)	3(123)	4(135)	5(105)	6(122)	7(139)	8(121)	9(125)	10(113)	11(131)	12(143)	13(120)	14(140)	15(129)	16(126)	17(153)	18(144)	Ziel		
1	Gerhard Brettschne	1:04:16	3:07	6:37	9:51	12:42	18:00	22:03	26:29	27:39	33:02	37:11	39:39	41:50	44:45	47:30	51:08	54:33	1:02:07	1:02:04	1:04:16		
	Kaulsdorfer OLV Be		3:07	3:30	3:14	2:51	5:18	4:03	4:26	1:10	5:23	4:09	2:28	2:11	2:55	2:45	3:38	3:25	7:34		2:12		
2	Sven Demmig	1:10:33	3:13	6:47	9:47	12:50	18:30	20:25	25:47	27:14	35:21	39:41	42:12	44:54	48:00	51:05	56:44	1:00:17	1:08:21	1:08:18	1:10:33		
	Kaulsdorfer OLV Be		3:13	3:34	3:00	3:03	5:40	1:55	5:22	1:27	8:07	4:20	2:31	2:42	3:06	3:05	5:39	3:33	8:04		2:15		
3	Frank-Peter Frenzel	1:13:01	3:13	7:30	10:18	13:19	18:48	25:41	30:51	32:17	39:04	44:31	46:42	49:04	51:54	55:11	59:02	1:03:07	1:10:45	1:10:51	1:13:01		
	TOLF Berlin		3:13	4:17	2:48	3:01	5:29	6:53	5:10	1:26	6:47	5:27	2:11	2:22	2:50	3:17	3:51	4:05	7:38	0:06	2:10		
4	Lutz Spranger	1:13:28	6:07	9:45	12:11	14:44	20:13	22:02	26:56	28:05	34:46	38:38	41:07	46:08	50:54	54:23	58:09	1:02:08	1:09:52	1:09:59	1:13:28		
	TSV Karlshorst		6:07	3:38	2:26	2:33	5:29	1:49	4:54	1:09	6:41	3:52	2:29	5:01	4:46	3:29	3:46	3:59	7:44	0:07	3:29		
5	Bernd Käding	1:18:15	3:15	6:49	14:45	17:58	23:33	25:28	32:06	33:35	40:37	45:02	47:22	50:00	53:12	56:08	1:01:01	1:05:37	1:15:42	1:15:57	1:18:15		
	Kaulsdorfer OLV Be		3:15	3:34	7:56	3:13	5:35	1:55	6:38	1:29	7:02	4:25	2:20	2:38	3:12	2:56	4:53	4:36	10:05	0:15	2:18		
6	Stefan Röhl	1:22:47	3:41	7:14	11:02	14:25	20:36	24:21	29:50	31:11	41:51	47:10	50:15	53:03	56:43	1:00:25	1:05:22	1:10:03	1:19:01	1:19:49	1:22:47		
	OLF Mainz		3:41	3:33	3:48	3:23	6:11	3:45	5:29	1:21	10:40	5:19	3:05	2:48	3:40	3:42	4:57	4:41	8:58	0:48	2:58		
7	Dieter Müller-Danert	1:25:49	4:16	8:26	12:46	16:14	23:38	25:55	31:34	33:17	40:46	46:18	49:30	52:41	56:54	1:01:02	1:07:03	1:12:02	1:22:20	1:23:03	1:25:49		
	TSV Karlshorst		4:16	4:10	4:20	3:28	7:24	2:17	5:39	1:43	7:29	5:32	3:12	3:11	4:13	4:08	6:01	4:59	10:18	0:43	2:46		
8	Kai Dalüge	1:43:19	4:19	9:09	12:57	18:52	26:31	39:12	45:08	47:07	54:49	1:00:47	1:04:20	1:08:15	1:12:19	1:16:41	1:22:11	1:28:28	1:39:34	1:40:48	1:43:19		
	SV IHW Alex 78 Berl		4:19	4:50	3:48	5:55	7:39	12:41	5:56	1:59	7:42	5:58	3:33	3:55	4:04	4:22	5:30	6:17	11:06	1:14	2:31		
9	Thomas Grassow	1:51:53	4:40	19:15	24:11	28:23	38:47	41:39	49:41	52:19	1:02:06	1:09:00	1:12:27	1:16:27	1:20:55	1:25:24	1:30:35	1:37:57	1:48:34	1:49:07	1:51:53		
	Kaulsdorfer OLV Be		4:40	14:35	4:56	4:12	10:24	2:52	8:02	2:38	9:47	6:54	3:27	4:00	4:28	4:29	5:11	7:22	10:37	0:33	2:46		
10	Rainer Ahlburg	1:54:31	13:41	18:01	22:55	28:00	36:32	39:19	46:21	48:13	57:22	1:03:31	1:07:12	1:14:06	1:19:51	1:23:41	1:29:49	1:39:07	1:50:48	1:51:42	1:54:31		
	SV IHW Alex 78 Berl		13:41	4:20	4:54	5:05	8:32	2:47	7:02	1:52	9:09	6:09	3:41	6:54	5:45	3:50	6:08	9:18	11:41	0:54	2:49		
H55- (Herren ab 55) (2)			7.3 km 135 Hm			15 P															Ziel		
			1(132)	2(104)	3(138)	4(110)	5(135)	6(105)	7(122)	8(121)	9(137)	10(125)	11(128)	12(113)	13(129)	14(140)	15(119)	Ziel					
1	Fred Jensch	1:08:57	4:52	5:33	11:55	15:20	17:13	22:58	24:53	34:00	35:49	40:34	45:38	50:17	55:35	1:00:36	1:05:02	1:08:57					
	OK Mark Brandenb		4:52	0:41	6:22	3:25	1:53	5:45	1:55	9:07	1:49	4:45	5:04	4:39	5:18	5:01	4:26	3:55					
2	Heere Janssen	1:46:13	4:02	5:59	19:50	25:58	28:06	42:39	44:12	56:26	1:01:20	1:13:10	1:19:18	1:24:19	1:32:39	1:38:05	1:41:53	1:46:13					
	Berliner Turnerscha		4:02	1:57	13:51	6:08	2:08	14:33	1:33	12:14	4:54	11:50	6:08	5:01	8:20	5:26	3:48	4:20					
H60- (Herren ab 60) (4)			7.3 km 135 Hm			15 P															Ziel		
			1(132)	2(104)	3(138)	4(110)	5(135)	6(105)	7(122)	8(121)	9(137)	10(125)	11(128)	12(113)	13(129)	14(140)	15(119)	Ziel					
1	Uwe Jürgens	1:11:38	3:18	5:12	12:03	15:29	17:37	23:57	28:12	34:21	37:16	42:44	48:19	53:42	59:19	1:04:05	1:07:19	1:11:38					
	SV IHW Alex 78 Berl		3:18	1:54	6:51	3:26	2:08	6:20	4:15	6:09	2:55	5:28	5:35	5:23	5:37	4:46	3:14	4:19					
2	Wolfgang Kössler	1:18:35	3:31	6:36	14:05	17:49	19:35	25:44	28:04	36:21	38:40	44:37	50:23	55:30	1:00:56	1:06:14	1:14:09	1:18:35					
	Volkssport Berlin		3:31	3:05	7:29	3:44	1:46	6:09	2:20	8:17	2:19	5:57	5:46	5:07	5:26	5:18	7:55	4:26					
3	Janusz Michaaek	1:20:53	5:57	6:51	14:04	18:12	20:12	27:55	31:39	41:06	42:51	49:57	56:07	1:01:16	1:06:34	1:12:48	1:16:23	1:20:53					
	UKS Energetyk Dyc		5:57	0:54	7:13	4:08	2:00	7:43	3:44	9:27	1:45	7:06	6:10	5:09	5:18	6:14	3:35	4:30					
	Wolf-Gerold Juckel	Aufg	3:58	5:19	13:11	17:38	20:20	-----	-----	-----	-----	24:42	32:02	38:19	44:35	50:35	53:52	1:00:02					
	SV Robotron Dresden		3:58	1:21	7:52	4:27	2:42					4:22	7:20	6:17	6:16	6:00	3:17	6:10					
H65- (Herren ab 65) (5)			6.1 km 130 Hm			14 P															Ziel		
			1(104)	2(151)	3(138)	4(110)	5(142)	6(125)	7(136)	8(113)	9(131)	10(143)	11(129)	12(140)	13(119)	14(144)	Ziel						
1	Helmut Conrad	55:50	3:06	11:16	16:36	20:14	24:29	26:27	29:19	34:44	37:09	39:57	42:59	47:57	50:46	53:21	55:50	15:42					
	USV TU Dresden		3:06	8:10	5:20	3:38	4:15	1:58	2:52	5:25	2:25	2:48	3:02	4:58	2:49	2:35	2:29	*123					

Pl	Name	Zeit														Ziel		
H65- (Herren ab 65) (5)			6.1 km 130 Hm			14 P			<i>(Forts.)</i>									
			1(104)	2(151)	3(138)	4(110)	5(142)	6(125)	7(136)	8(113)	9(131)	10(143)	11(129)	12(140)	13(119)	14(144)	Ziel	
2	Ludwig Genderjahn Post SV Dresden	1:02:17	3:43	10:26	16:43	20:28	25:01	29:15	31:44	37:40	40:59	43:47	47:24	53:14	56:25	59:43	1:02:17	
			3:43	6:43	6:17	3:45	4:33	4:14	2:29	5:56	3:19	2:48	3:37	5:50	3:11	3:18	2:34	
3	Gerhard Plötz OLV Potsdam	1:12:50	4:33	13:32	20:49	25:16	30:49	32:35	35:43	42:44	46:21	49:37	53:38	1:02:17	1:05:49	1:09:27	1:12:50	
			4:33	8:59	7:17	4:27	5:33	1:46	3:08	7:01	3:37	3:16	4:01	8:39	3:32	3:38	3:23	
4	Rudolf Herold Kaulsdorfer OLV Be	1:25:47	10:02	18:42	26:41	31:05	36:59	39:48	43:41	52:14	56:20	1:00:17	1:05:43	1:13:43	1:18:07	1:22:15	1:25:47	
			10:02	8:40	7:59	4:24	5:54	2:49	3:53	8:33	4:06	3:57	5:26	8:00	4:24	4:08	3:32	
5	Bernard Oudin CO Colmar	1:29:23	4:43	12:50	25:23	30:26	37:44	39:34	42:51	50:38	54:29	58:27	1:03:23	1:10:24	1:20:45	1:24:48	1:29:23	
			4:43	8:07	12:33	5:03	7:18	1:50	3:17	7:47	3:51	3:58	4:56	7:01	10:21	4:03	4:35	
																	5:19 *127 7:15 *145	
																		21:07 *123
																		22:09 *147
																		28:20 *102
																		1:20:11 *152
H70- (Herren ab 70) (1)			5.2 km 110 Hm			11 P												
			1(123)	2(110)	3(135)	4(122)	5(139)	6(137)	7(113)	8(131)	9(138)	10(120)	11(152)	Ziel				
1	Thomas Stöhr SG Dittersdorf	1:14:35	6:32	13:36	16:43	30:46	39:15	41:44	54:12	58:08	1:01:53	1:06:06	1:11:13	1:14:35				
			6:32	7:04	3:07	14:03	8:29	2:29	12:28	3:56	3:45	4:13	5:07	3:22				
H75- (Herren ab 75) (2)			4.1 km 90 Hm			8 P												
			1(119)	2(140)	3(129)	4(125)	5(142)	6(135)	7(138)	8(104)	Ziel							
1	Rolf Thiel SV IHW Alex 78 Berl	59:50	5:35	9:10	17:08	32:55	35:53	40:02	47:21	56:57	59:50							
			5:35	3:35	7:58	15:47	2:58	4:09	7:19	9:36	2:53							
2	Bernd Walter SV IHW Alex 78 Berl	1:51:26	11:13	18:14	31:38	1:01:06	1:04:32	1:11:54	1:27:49	1:45:10	1:51:26							
			11:13	7:01	13:24	29:28	3:26	7:22	15:55	17:21	6:16							
H80- (Herren ab 80) (3)			3.9 km 90 Hm			11 P												
			1(127)	2(145)	3(111)	4(110)	5(135)	6(142)	7(131)	8(138)	9(120)	10(119)	11(144)	Ziel				
1	Yves Baujard SV IHW Alex 78 Berl	1:05:21	6:22	12:42	17:50	25:53	30:31	35:40	41:39	46:53	51:36	55:14	1:00:26	1:05:21				
			6:22	6:20	5:08	8:03	4:38	5:09	5:59	5:14	4:43	3:38	5:12	4:55				
2	Peter Lückmann SV Sedlitz BW 90	1:13:34	7:27	15:29	19:30	29:47	34:19	40:19	46:30	53:32	58:41	1:01:47	1:07:54	1:13:34				
			7:27	8:02	4:01	10:17	4:32	6:00	6:11	7:02	5:09	3:06	6:07	5:40				
3	Eberhard Lemnitzer Kaulsdorfer OLV Be	1:46:35	26:43	32:26	38:22	50:00	57:49	1:05:46	1:19:26	1:27:07	1:32:28	1:37:08	1:42:09	1:46:35	0.00			
			26:43	5:43	5:56	11:38	7:49	7:57	13:40	7:41	5:21	4:40	5:01	4:26	*119			
DirKS (Direktbahn, kurz & schwer) (3)			3.9 km 90 Hm			11 P												
			1(127)	2(145)	3(111)	4(110)	5(135)	6(142)	7(131)	8(138)	9(120)	10(119)	11(144)	Ziel				
1	Heiko Lückmann SV Sedlitz BW 90	39:45	3:37	6:06	8:26	13:46	16:12	18:49	22:49	27:00	30:50	33:20	36:56	39:45				
			3:37	2:29	2:20	5:20	2:26	2:37	4:00	4:11	3:50	2:30	3:36	2:49				
2	Michael Peukert SV IHW Alex 78 Berl	45:07	4:29	7:48	11:03	17:24	19:57	23:10	27:32	32:00	36:32	38:55	42:04	45:07				
			4:29	3:19	3:15	6:21	2:33	3:13	4:22	4:28	4:32	2:23	3:09	3:03				
3	André Feldmann Kaulsdorfer OLV Be	59:14	5:23	9:47	12:50	19:12	21:33	26:31	40:01	45:00	49:42	51:54	55:52	59:14				
			5:23	4:24	3:03	6:22	2:21	4:58	13:30	4:59	4:42	2:12	3:58	3:22				
DirKL (Direktbahn, kurz & leicht) (3)			1.8 km 15 Hm			4 P												
			1(112)	2(101)	3(118)	4(107)	Ziel											
1	Michael Schubert SG Dittersdorf	29:10	6:43	9:28	18:59	23:29	29:10											
			6:43	2:45	9:31	4:30	5:41											
2	Chan Ho Jan Volkssport Berlin	50:02	7:14	13:12	23:25	40:37	50:02											
			7:14	5:58	10:13	17:12	9:25											
3	Vanessa Hernandez SV IHW Alex 78 Berl	57:56	25:29	29:34	41:44	50:14	57:56											
			25:29	4:05	12:10	8:30	7:42											

Pl	Name	Zeit												
DirMS (Direktbahn, mittellang & schwer)		4.2 km 90 Hm 9 P												
		1(120)	2(119)	3(129)	4(113)	5(142)	6(135)	7(102)	8(150)	9(127)	Ziel			
1	Albrecht Distler	34:40	3:20	4:31	9:10	13:58	22:01	24:49	26:54	32:47	33:35	34:40		
	Berliner TSC		3:20	1:11	4:39	4:48	8:03	2:48	2:05	5:53	0:48	1:05		
2	Beate Nietsch	51:30	4:11	6:24	15:59	23:39	31:22	34:44	38:18	47:50	49:28	51:30		
	TOLF Berlin		4:11	2:13	9:35	7:40	7:43	3:22	3:34	9:32	1:38	2:02		
3	Karl-Heinz Seefeld	55:29	5:16	7:37	16:02	24:24	31:53	37:04	41:09	51:05	52:37	55:29		
	OLV Uslar		5:16	2:21	8:25	8:22	7:29	5:11	4:05	9:56	1:32	2:52		
4	Michael Neidhardt	56:44	5:12	10:58	18:42	27:04	36:24	40:44	44:46	53:34	54:50	56:44		
	Volkssport Berlin		5:12	5:46	7:44	8:22	9:20	4:20	4:02	8:48	1:16	1:54		
5	Katrin Herold	1:00:19	5:47	8:12	18:49	28:08	36:41	40:49	45:11	54:29	57:18	1:00:19		
	Kaulsdorfer OLV Be		5:47	2:25	10:37	9:19	8:33	4:08	4:22	9:18	2:49	3:01		
DirML (Direktbahn, mittellang & leicht)		3.0 km 40 Hm 9 P												
		1(112)	2(120)	3(131)	4(102)	5(110)	6(103)	7(111)	8(118)	9(132)	Ziel			
1	Erik Brettschneider	46:41	5:19	9:13	15:22	23:58	26:25	32:32	36:00	38:08	44:36	46:41		
	Kaulsdorfer OLV Be		5:19	3:54	6:09	8:36	2:27	6:07	3:28	2:08	6:28	2:05		
2	Petra Grassow	53:08	5:03	8:40	14:54	33:29	35:49	41:24	44:46	46:52	50:44	53:08		
	Kaulsdorfer OLV Be		5:03	3:37	6:14	18:35	2:20	5:35	3:22	2:06	3:52	2:24		
DirLS (Direktbahn, lang & schwer) (1)		5.2 km 110 Hm 11 P												
		1(123)	2(110)	3(135)	4(122)	5(139)	6(137)	7(113)	8(131)	9(138)	10(120)	11(152)	Ziel	
1	Martin Röhl	48:19	4:13	6:33	8:18	14:07	19:27	22:18	31:56	34:24	39:39	42:15	46:21	48:19
	TSV Karlshorst		4:13	2:20	1:45	5:49	5:20	2:51	9:38	2:28	5:15	2:36	4:06	1:58
DirLL (Direktbahn, lang & leicht) (1)		3.6 km 55 Hm 6 P												
		1(120)	2(131)	3(130)	4(110)	5(103)	6(118)	Ziel						
1	Beate Dalüge	1:49:19	9:30	18:44	36:25	1:19:40	1:36:26	1:42:40	1:49:19					
			9:30	9:14	17:41	43:15	16:46	6:14	6:39					