

Pl	Name	Zeit										
BK (Beginner Kurz) (6)												
		2.2 km 0 Hm					5 P					
		1(136)	2(107)	3(109)	4(133)	5(131)	Ziel					
1	Ralf Schwanebec	20:27	1:50	6:49	10:28	14:56	17:19	20:27				
	TSV 90 Röbel		1:50	4:59	3:39	4:28	2:23	3:08				
2	Valeria Khariton	28:06	2:46	8:40	15:50	20:53	25:08	28:06				
	SV IHW Alex 78 B		2:46	5:54	7:10	5:03	4:15	2:58				
3	Marco/Tilma Heu	28:57	2:12	8:32	15:02	22:20	25:39	28:57				
			2:12	6:20	6:30	7:18	3:19	3:18				
4	Silke Herold	37:08	3:52	13:27	19:46	27:48	31:28	37:08				
	Kaulsdorfer OLV		3:52	9:35	6:19	8:02	3:40	5:40				
5	Beate Dalüge	45:31	4:43	14:49	22:46	32:03	37:39	45:31				
			4:43	10:06	7:57	9:17	5:36	7:52				
6	Timon/Leon Cza	1:01:49	1:56	23:06	43:19	51:44	56:49	1:01:49				
			1:56	21:10	20:13	8:25	5:05	5:00				
BL (Beginner Lang) (6)												
		4.6 km 0 Hm					9 P					
		1(134)	2(129)	3(111)	4(142)	5(125)	6(109)	7(126)	8(122)	9(131)	Ziel	
1	Martin Winterfeld	59:18	7:10	11:16	14:07	23:52	24:57	39:07	43:50	48:20	56:37	59:18
			7:10	4:06	2:51	9:45	1:05	14:10	4:43	4:30	8:17	2:41
2	Erik Brettschneid	1:12:04	1:44	6:31	11:41	23:03	24:00	41:46	49:02	55:43	1:07:19	1:12:04
	Kaulsdorfer OLV		1:44	4:47	5:10	11:22	0:57	17:46	7:16	6:41	11:36	4:45
3	Hadi Hachem	1:39:47	6:27	11:00	15:40	36:55	39:26	54:09	59:21	1:10:27	1:37:17	1:39:47
	SV IHW Alex 78 B		6:27	4:33	4:40	21:15	2:31	14:43	5:12	11:06	26:50	2:30
4	Anton Platzöder	1:47:12	1:58	11:54	15:59	29:44	32:00	1:16:27	1:23:02	1:29:59	1:41:53	1:47:12
			1:58	9:56	4:05	13:45	2:16	44:27	6:35	6:57	11:54	5:19
5	Jannis Christma	1:50:10	4:58	14:44	18:55	32:43	34:48	1:19:15	1:25:57	1:32:53	1:44:49	1:50:10
			4:58	9:46	4:11	13:48	2:05	44:27	6:42	6:56	11:56	5:21
6	Sarina/Paloma/AI	2:04:17	9:26	16:39	22:27	41:06	44:45	1:19:38	1:30:15	1:40:21	1:57:43	2:04:17
			9:26	7:13	5:48	18:39	3:39	34:53	10:37	10:06	17:22	6:34
D-10 (Damen bis 10) (2)												
		2.2 km 0 Hm					5 P					
		1(136)	2(107)	3(109)	4(133)	5(131)	Ziel					
1	Lianne Joséfine	35:32	1:58	13:17	20:23	26:02	30:00	35:32				
	Berliner Turners		1:58	11:19	7:06	5:39	3:58	5:32				
2	Ida Leukert	53:32	3:00	17:29	26:50	36:31	50:02	53:32				
	SV IHW Alex 78 B		3:00	14:29	9:21	9:41	13:31	3:30				
D-12 (Damen bis 12) (4)												
		2.9 km 0 Hm					9 P					
		1(134)	2(129)	3(111)	4(107)	5(109)	6(126)	7(133)	8(135)	9(141)	Ziel	
1	Maria Tovchigrec	27:25	1:42	4:29	7:11	9:20	12:19	17:00	19:41	23:07	25:38	27:25
	SV IHW Alex 78 B		1:42	2:47	2:42	2:09	2:59	4:41	2:41	3:26	2:31	1:47
2	Sofie Schmidt	33:56	2:34	6:48	9:32	12:16	16:15	23:05	25:42	29:09	31:41	33:56
	SV IHW Alex 78 B		2:34	4:14	2:44	2:44	3:59	6:50	2:37	3:27	2:32	2:15
3	Lina Leukert	35:23	1:52	5:10	8:02	10:33	18:25	23:10	25:41	29:30	32:39	35:23
	SV IHW Alex 78 B		1:52	3:18	2:52	2:31	7:52	4:45	2:31	3:49	3:09	2:44
4	Katharina Keller	49:45	2:42	7:29	10:22	12:34	17:02	25:51	30:02	42:03	46:57	49:45
	SV IHW Alex 78 B		2:42	4:47	2:53	2:12	4:28	8:49	4:11	12:01	4:54	2:48
D-14 (Damen bis 14) (2)												
		3.4 km 0 Hm					9 P					
		1(121)	2(107)	3(109)	4(129)	5(135)	6(133)	7(122)	8(130)	9(131)	Ziel	
1	Frida Vogt	38:04	6:58	11:24	14:42	18:02	20:44	23:46	27:41	30:30	35:40	38:04
	Berliner Turners		6:58	4:26	3:18	3:20	2:42	3:02	3:55	2:49	5:10	2:24

Pl	Name	Zeit																		
D-14 (Damen bis 14) (2)			3.4 km 0 Hm 9 P (Forts.)																	
			1(121)	2(107)	3(109)	4(129)	5(135)	6(133)	7(122)	8(130)	9(131)	Ziel								
2	Clara Schletterma	46:05	9:07	12:59	16:34	21:03	22:49	26:27	35:42	38:30	43:44	46:05								
	ESV Lok Berlin-S		9:07	3:52	3:35	4:29	1:46	3:38	9:15	2:48	5:14	2:21								
D-16 (Damen bis 16) (1)			5.0 km 0 Hm 10 P																	
			1(119)	2(127)	3(128)	4(140)	5(101)	6(115)	7(104)	8(138)	9(107)	10(116)	Ziel							
1	Jasmin Obeid	1:17:39	1:12	3:41	8:30	12:13	17:48	36:37	42:32	1:02:28	1:07:45	1:17:00	1:17:39							
	Berliner TSC		1:12	2:29	4:49	3:43	5:35	18:49	5:55	19:56	5:17	9:15	0:39							
D-18 (Damen bis 18) (3)			6.5 km 0 Hm 12 P																	
			1(101)	2(146)	3(144)	4(143)	5(145)	6(104)	7(142)	8(105)	9(107)	10(103)	11(117)	12(116)	Ziel					
1	Elena Fillinger	1:09:21	10:29	12:56	27:51	29:49	33:05	34:39	41:21	51:06	52:48	58:09	1:04:38	1:08:40	1:09:21					
	Köpenicker SC		10:29	2:27	14:55	1:58	3:16	1:34	6:42	9:45	1:42	5:21	6:29	4:02	0:41					
2	Athina Hirsch	1:09:50	9:29	12:00	26:25	29:21	32:30	34:16	42:05	50:27	52:13	57:21	1:05:07	1:09:07	1:09:50					
	ESV Lok Berlin-S		9:29	2:31	14:25	2:56	3:09	1:46	7:49	8:22	1:46	5:08	7:46	4:00	0:43					
AK	Viktoria Jungto	1:51:21	13:24	25:03	42:14	45:20	48:42	51:49	1:01:13	1:20:40	1:23:24	1:31:38	1:41:46	1:50:18	1:51:21					
	Berliner TSC		13:24	11:39	17:11	3:06	3:22	3:07	9:24	19:27	2:44	8:14	10:08	8:32	1:03					
D19-K (Damen ab 19 kurz) (7)			4.0 km 0 Hm 8 P																	
			1(101)	2(120)	3(142)	4(105)	5(107)	6(103)	7(117)	8(141)	Ziel									
1	Noemi Quabeck	44:33	8:49	9:37	16:44	26:14	28:14	33:01	37:45	42:32	44:33									
	Berliner Turners		8:49	0:48	7:07	9:30	2:00	4:47	4:44	4:47	2:01									
2	Anne Heiner	48:50	10:24	11:08	15:47	25:06	28:36	34:35	41:13	46:37	48:50									
	OK Mark Brande		10:24	0:44	4:39	9:19	3:30	5:59	6:38	5:24	2:13									
3	Beate Nietsch	52:35	13:38	14:48	19:49	30:45	33:00	39:00	44:09	49:37	52:35			49:42						
	TOLF Berlin		13:38	1:10	5:01	10:56	2:15	6:00	5:09	5:28	2:58			*141						
4	Petula Schütz	58:31	11:11	12:05	23:42	34:44	37:44	42:42	49:37	56:32	58:31									
	ESV Lok Berlin-S		11:11	0:54	11:37	11:02	3:00	4:58	6:55	6:55	1:59									
5	Kathrin Trappe	58:37	13:12	14:17	22:05	32:15	34:54	41:27	48:19	54:35	58:37									
	TOLF Berlin		13:12	1:05	7:48	10:10	2:39	6:33	6:52	6:16	4:02									
6	Petra Grassow	1:06:01	16:08	17:12	24:21	34:39	37:12	43:28	56:23	1:03:19	1:06:01									
	Kaulsdorfer OLV		16:08	1:04	7:09	10:18	2:33	6:16	12:55	6:56	2:42									
7	Madeline Gericke	1:24:10	17:57	19:07	27:12	42:19	46:28	54:21	1:05:39	1:19:13	1:24:10									
	Kaulsdorfer OLV		17:57	1:10	8:05	15:07	4:09	7:53	11:18	13:34	4:57									
D19-L (Damen ab 19 lang) (2)			8.5 km 0 Hm 16 P																	
			1(127)	2(120)	3(142)	4(139)	5(108)	6(112)	7(110)	8(114)	9(118)	10(106)	11(102)	12(117)	13(103)	14(129)	15(141)	16(116)	Ziel	
1	Anicó Kulow	1:20:52	2:36	7:21	10:51	25:43	31:57	34:26	37:26	40:38	46:11	49:48	56:53	1:09:38	1:14:00	1:16:31	1:19:19	1:20:23	1:20:52	
	Berliner Turners		2:36	4:45	3:30	14:52	6:14	2:29	3:00	3:12	5:33	3:37	7:05	12:45	4:22	2:31	2:48	1:04	0:29	
2	Ronja Fell	1:23:06	2:34	7:34	11:17	29:56	38:02	40:43	44:40	48:29	52:37	57:00	1:06:06	1:10:21	1:14:57	1:17:51	1:21:17	1:22:35	1:23:06	
	Berliner TSC		2:34	5:00	3:43	18:39	8:06	2:41	3:57	3:49	4:08	4:23	9:06	4:15	4:36	2:54	3:26	1:18	0:31	
D35- (Damen ab 35) (6)			6.5 km 0 Hm 12 P																	
			1(101)	2(146)	3(144)	4(143)	5(145)	6(104)	7(142)	8(105)	9(107)	10(103)	11(117)	12(116)	Ziel					
1	Irina Wollmerstä	59:56	9:56	11:48	24:56	27:12	29:53	31:39	37:32	44:15	45:59	50:56	55:18	59:21	59:56					
	SV IHW Alex 78 B		9:56	1:52	13:08	2:16	2:41	1:46	5:53	6:43	1:44	4:57	4:22	4:03	0:35					
2	Ulrike Winterwer	1:01:24	8:11	10:31	25:43	28:11	31:00	32:50	39:20	45:49	48:06	52:45	56:50	1:00:18	1:01:24					
			8:11	2:20	15:12	2:28	2:49	1:50	6:30	6:29	2:17	4:39	4:05	3:28	1:06					

Pl	Name	Zeit														
D35- (Damen ab 35) (6)																
		6.5 km 0 Hm 12 P (Forts.)														
		1(101)	2(146)	3(144)	4(143)	5(145)	6(104)	7(142)	8(105)	9(107)	10(103)	11(117)	12(116)	Ziel		
3	Martina Fink	1:02:27	9:07	11:00	25:13	27:22	30:07	31:50	38:00	44:58	46:45	51:46	57:46	1:01:51	1:02:27	
	TSV 90 Röbel		9:07	1:53	14:13	2:09	2:45	1:43	6:10	6:58	1:47	5:01	6:00	4:05	0:36	
4	Kristina Bringez	1:02:57	8:56	11:03	24:34	26:27	29:31	31:41	37:30	44:38	48:51	53:17	58:27	1:02:19	1:02:57	
	OLV Potsdam		8:56	2:07	13:31	1:53	3:04	2:10	5:49	7:08	4:13	4:26	5:10	3:52	0:38	
5	Annette Leonhar	1:06:04	9:51	12:10	27:15	29:26	32:13	34:34	41:01	48:52	51:07	56:36	1:01:20	1:05:26	1:06:04	
	SV IHW Alex 78 B		9:51	2:19	15:05	2:11	2:47	2:21	6:27	7:51	2:15	5:29	4:44	4:06	0:38	
6	Katrin Charlet	1:28:20	10:54	13:47	30:22	39:02	42:32	46:07	54:16	1:06:46	1:09:01	1:15:17	1:22:19	1:27:35	1:28:20	
	Kaulsdorfer OLV		10:54	2:53	16:35	8:40	3:30	3:35	8:09	12:30	2:15	6:16	7:02	5:16	0:45	
D40- (Damen ab 40) (2)																
		6.0 km 0 Hm 13 P														
		1(119)	2(127)	3(101)	4(146)	5(145)	6(104)	7(128)	8(120)	9(142)	10(138)	11(107)	12(141)	13(116)	Ziel	
1	Katerina Wollmer	1:03:29	1:23	4:22	13:08	16:39	25:52	27:49	38:13	40:47	45:03	51:04	55:05	1:01:26	1:02:48	
	Berliner TSC		1:23	2:59	8:46	3:31	9:13	1:57	10:24	2:34	4:16	6:01	4:01	6:21	1:22	
2	Alina Shmakova	1:37:37	1:10	3:14	9:04	19:00	28:29	30:44	58:26	1:02:13	1:10:02	1:21:57	1:26:37	1:35:19	1:36:39	
	SV IHW Alex 78 B		1:10	2:04	5:50	9:56	9:29	2:15	27:42	3:47	7:49	11:55	4:40	8:42	1:20	
D45- (Damen ab 45) (6)																
		5.4 km 0 Hm 14 P														
		1(119)	2(127)	3(138)	4(142)	5(145)	6(104)	7(105)	8(107)	9(129)	10(103)	11(102)	12(122)	13(117)	14(116)	Ziel
1	Daniela Zschäcke	49:44	1:23	3:07	6:25	10:10	16:56	21:10	28:40	30:22	32:56	36:53	40:37	42:11	45:35	49:06
	SV IHW Alex 78 B		1:23	1:44	3:18	3:45	6:46	4:14	7:30	1:42	2:34	3:57	3:44	1:34	3:24	3:31
2	Kristin Leukert	51:45	1:19	3:10	7:11	12:15	18:31	20:42	28:50	30:45	33:18	37:23	41:53	43:14	47:06	51:11
	SV IHW Alex 78 B		1:19	1:51	4:01	5:04	6:16	2:11	8:08	1:55	2:33	4:05	4:30	1:21	3:52	4:05
3	Solveig Kapischk	52:05	1:08	3:09	8:25	13:33	20:52	22:52	31:08	32:49	35:22	39:05	43:23	44:52	47:49	51:29
	OK Mark Brande		1:08	2:01	5:16	5:08	7:19	2:00	8:16	1:41	2:33	3:43	4:18	1:29	2:57	3:40
4	Bettina Rudert	57:22	2:25	4:40	8:38	13:47	21:19	23:36	32:34	34:49	38:25	42:19	46:37	48:00	51:54	56:48
	SV IHW Alex 78 B		2:25	2:15	3:58	5:09	7:32	2:17	8:58	2:15	3:36	3:54	4:18	1:23	3:54	4:54
5	Gudrun Brettsch	1:00:25	1:38	4:05	9:17	15:18	24:28	26:37	35:33	37:59	41:33	45:28	49:37	51:13	54:55	59:50
	Kaulsdorfer OLV		1:38	2:27	5:12	6:01	9:10	2:09	8:56	2:26	3:34	3:55	4:09	1:36	3:42	4:55
6	Katrin Fillinger	1:06:08	1:23	3:31	7:23	11:57	20:15	22:29	34:30	36:40	40:26	46:43	52:09	53:59	1:01:08	1:05:18
	Köpenicker SC		1:23	2:08	3:52	4:34	8:18	2:14	12:01	2:10	3:46	6:17	5:26	1:50	7:09	4:10
D50- (Damen ab 50) (7)																
		5.0 km 0 Hm 10 P														
		1(119)	2(127)	3(128)	4(140)	5(101)	6(115)	7(104)	8(138)	9(107)	10(116)	Ziel				
1	Katrin Kubald	43:46	1:02	2:58	5:47	8:52	10:57	22:05	25:37	32:59	36:54	43:09	43:46			
	Kaulsdorfer OLV		1:02	1:56	2:49	3:05	2:05	11:08	3:32	7:22	3:55	6:15	0:37			
2	Monika Jensch	48:10	1:08	3:33	7:10	9:41	11:54	24:07	27:43	37:04	40:45	47:29	48:10			
	OK Mark Brande		1:08	2:25	3:37	2:31	2:13	12:13	3:36	9:21	3:41	6:44	0:41			
3	Kirsten Käding	57:41	1:27	3:49	7:21	10:08	12:10	27:18	31:03	43:07	48:07	55:42	57:41			
	Kaulsdorfer OLV		1:27	2:22	3:32	2:47	2:02	15:08	3:45	12:04	5:00	7:35	1:59			
4	Heike Leideck	1:04:37	1:13	3:41	7:23	10:48	13:22	30:39	34:36	50:25	55:27	1:03:46	1:04:37			
	USV TU Dresden		1:13	2:28	3:42	3:25	2:34	17:17	3:57	15:49	5:02	8:19	0:51			
5	Gudrun Feldman	1:28:44	2:12	5:59	11:20	15:36	18:49	41:55	48:24	1:04:35	1:11:30	1:26:58	1:28:44			
	Kaulsdorfer OLV		2:12	3:47	5:21	4:16	3:13	23:06	6:29	16:11	6:55	15:28	1:46			
	Ute Boeck	Fehlst	2:15	5:43	10:29	13:54	16:33	34:54	52:15	1:06:38	1:14:01	-----	1:26:03			
	Kaulsdorfer OLV		2:15	3:28	4:46	3:25	2:39	18:21	17:21	14:23	7:23	-----	12:02			
	Katja Deckert	Fehlst	9:36	15:47	23:16	31:08	35:45	1:03:18	1:12:34	1:35:24	1:42:57	-----	1:56:04			
			9:36	6:11	7:29	7:52	4:37	27:33	9:16	22:50	7:33	-----	13:07			

Pl	Name	Zeit												
D60- (Damen ab 60) (1)														
		4.0 km 0 Hm					8 P							
		1(101)	2(120)	3(142)	4(105)	5(107)	6(103)	7(117)	8(141)	Ziel				
1	Monika Braatz	1:00:54	13:44	14:48	22:05	33:48	36:45	44:32	51:46	58:06	1:00:54			
	SV IHW Alex 78 B	13:44	1:04	7:17	11:43	2:57	7:47	7:14	6:20	2:48				
D65- (Damen ab 65) (2)														
		4.0 km 0 Hm					8 P							
		1(101)	2(120)	3(142)	4(105)	5(107)	6(103)	7(117)	8(141)	Ziel				
1	Rosemarie Fillin	1:11:34	13:15	14:32	21:58	32:16	35:11	41:53	58:43	1:07:52	1:11:34			
	SV IHW Alex 78 B	13:15	1:17	7:26	10:18	2:55	6:42	16:50	9:09	3:42				
2	Kerstin Mielecke	1:19:42	14:29	16:03	25:06	38:26	45:08	54:23	1:04:18	1:15:21	1:19:42			
	Kaulsdorfer OLV	14:29	1:34	9:03	13:20	6:42	9:15	9:55	11:03	4:21				
D70- (Damen ab 70) (1)														
		2.9 km 0 Hm					6 P							
		1(128)	2(138)	3(107)	4(103)	5(117)	6(116)	Ziel						
1	Susi Thiel	45:38	8:55	15:18	21:10	29:15	37:44	44:45	45:38					
	SV IHW Alex 78 B	8:55	6:23	5:52	8:05	8:29	7:01	0:53						
H-10 (Herren bis 10) (4)														
		2.2 km 0 Hm					5 P							
		1(136)	2(107)	3(109)	4(133)	5(131)	Ziel							
1	Heinrich Schwan	33:06	6:14	12:49	17:51	26:27	30:15	33:06						
	TSV 90 Röbel		6:14	6:35	5:02	8:36	3:48	2:51						
2	Maxim Kharitono	40:38	3:52	14:51	23:45	32:47	36:42	40:38						
	SV IHW Alex 78 B		3:52	10:59	8:54	9:02	3:55	3:56						
3	Arthur Vogt	40:54	4:07	9:06	13:46	36:02	38:05	40:54						
	Berliner Turners		4:07	4:59	4:40	22:16	2:03	2:49						
	Anatol Zeh	Fehlst	2:43	-----	-----	-----	-----	48:30						
	ESV Lok Berlin-S		2:43					45:47						
H-12 (Herren bis 12) (7)														
		2.9 km 0 Hm					9 P							
		1(134)	2(129)	3(111)	4(107)	5(109)	6(126)	7(133)	8(135)	9(141)	Ziel			
1	Fidelius Cain	30:38	1:43	5:12	7:50	10:14	13:05	17:19	19:40	23:40	28:50	30:38		
	TSV Karlshorst		1:43	3:29	2:38	2:24	2:51	4:14	2:21	4:00	5:10	1:48		
2	Lionel Kumbier	31:01	3:24	6:07	8:32	10:52	13:39	17:27	19:41	22:31	29:00	31:01		
	Berliner Turners		3:24	2:43	2:25	2:20	2:47	3:48	2:14	2:50	6:29	2:01		
3	Tom Mahlendorf	31:14	1:52	6:35	9:08	11:35	15:00	19:56	23:01	26:37	28:56	31:14		
	OK Mark Brande		1:52	4:43	2:33	2:27	3:25	4:56	3:05	3:36	2:19	2:18		
4	Louis Antoine Kr	33:32	1:31	4:47	7:48	10:12	13:33	19:26	21:51	26:40	31:46	33:32		
	Berliner Turners		1:31	3:16	3:01	2:24	3:21	5:53	2:25	4:49	5:06	1:46		
5	Theodor Schwan	35:28	1:34	4:07	6:27	8:39	12:07	16:29	19:54	23:30	33:36	35:28		
	TSV 90 Röbel		1:34	2:33	2:20	2:12	3:28	4:22	3:25	3:36	10:06	1:52		
6	Lars Lichtner	47:01	2:04	6:15	9:42	14:27	19:47	27:17	31:37	35:38	43:58	47:01		
	Köpenicker SC		2:04	4:11	3:27	4:45	5:20	7:30	4:20	4:01	8:20	3:03		
7	Eric Schuller	53:04	8:10	12:16	15:49	20:33	25:52	33:23	37:42	41:43	50:05	53:04		
	Köpenicker SC		8:10	4:06	3:33	4:44	5:19	7:31	4:19	4:01	8:22	2:59		
H-14 (Herren bis 14) (3)														
		4.3 km 0 Hm					11 P							
		1(129)	2(111)	3(121)	4(135)	5(109)	6(126)	7(123)	8(122)	9(130)	10(133)	11(131)	Ziel	
1	Artur Templiner	52:38	4:48	7:25	10:09	15:30	21:23	26:24	30:52	37:36	43:03	47:47	50:12	52:38
	Berliner TSC		4:48	2:37	2:44	5:21	5:53	5:01	4:28	6:44	5:27	4:44	2:25	2:26

Pl	Name	Zeit																							
H19-L (Herren ab 19 lang) (10)																									
		13.1 km 0 Hm					27 P					<i>(Forts.)</i>													
		1(132)	2(101)	3(120)	4(128)	5(140)	6(124)	7(143)	8(144)	9(115)	10(104)	11(142)	12(138)	13(107)	14(141)	15(117)	16(103)	17(139)	18(118)	19(112)	20(110)	21(137)	22(114)	23(108)	
		24(106)	25(102)	26(135)	27(116)	Ziel																			
2	Szczepan KOGUT	1:33:49	1:23	8:48	9:46	11:21	12:53	17:07	27:23	28:37	30:14	32:28	37:15	40:11	42:33	48:51	52:35	55:39	1:00:28	1:05:07	1:08:51	1:11:14	1:13:05	1:15:59	1:18:47
	UKS Energetyk D		1:23	7:25	0:58	1:35	1:32	4:14	10:16	1:14	1:37	2:14	4:47	2:56	2:22	6:18	3:44	3:04	4:49	4:39	3:44	2:23	1:51	2:54	2:48
			1:21:07	1:26:59	1:31:26	1:33:28	1:33:49																		
			2:20	5:52	4:27	2:02	0:21																		
3	Nils Schmiedebe	1:37:25	1:18	6:37	7:08	8:48	10:12	15:08	25:14	26:34	28:25	30:34	35:16	40:43	43:13	48:29	51:42	55:09	1:00:07	1:05:12	1:07:42	1:11:06	1:13:00	1:16:08	1:18:55
	SV Turbine Neub		1:18	5:19	0:31	1:40	1:24	4:56	10:06	1:20	1:51	2:09	4:42	5:27	2:30	5:16	3:13	3:27	4:58	5:05	2:30	3:24	1:54	3:08	2:47
			1:21:28	1:28:08	1:34:45	1:36:54	1:37:25																		
			2:33	6:40	6:37	2:09	0:31																		
4	Raik Zschäckel	1:37:30	1:09	6:23	6:56	8:46	10:19	15:06	25:43	27:10	29:00	31:38	36:43	40:18	42:53	48:34	52:30	56:02	1:00:54	1:06:43	1:09:01	1:12:01	1:13:49	1:16:45	1:19:56
	SV IHW Alex 78 B		1:09	5:14	0:33	1:50	1:33	4:47	10:37	1:27	1:50	2:38	5:05	3:35	2:35	5:41	3:56	3:32	4:52	5:49	2:18	3:00	1:48	2:56	3:11
			1:22:40	1:29:29	1:34:24	1:36:54	1:37:30																		
			2:44	6:49	4:55	2:30	0:36																		
5	Tobias Schwartz	1:58:04	1:48	7:25	7:58	9:40	11:14	15:58	37:11	38:25	40:02	44:49	49:24	53:59	56:25	1:01:08	1:05:01	1:08:21	1:13:02	1:18:11	1:25:41	1:30:54	1:32:39	1:35:22	1:39:28
	Berliner TSC		1:48	5:37	0:33	1:42	1:34	4:44	21:13	1:14	1:37	4:47	4:35	4:35	2:26	4:43	3:53	3:20	4:41	5:09	7:30	5:13	1:45	2:43	4:06
			1:41:55	1:50:49	1:55:27	1:57:39	1:58:04																		
			2:27	8:54	4:38	2:12	0:25																		
6	Benno Schütz	1:58:21	1:22	12:52	13:28	15:30	17:12	22:12	34:56	37:14	39:02	41:53	47:16	50:30	53:54	59:02	1:02:56	1:06:43	1:12:10	1:18:35	1:25:31	1:28:31	1:30:38	1:33:22	1:38:07
	ESV Lok Berlin-S		1:22	11:30	0:36	2:02	1:42	5:00	12:44	2:18	1:48	2:51	5:23	3:14	3:24	5:08	3:54	3:47	5:27	6:25	6:56	3:00	2:07	2:44	4:45
			1:40:50	1:49:58	1:54:55	1:57:18	1:58:21																		
			2:43	9:08	4:57	2:23	1:03																		
7	Sascha Boeck	1:58:49	1:17	7:50	8:26	10:26	12:31	18:43	30:37	32:12	33:59	36:19	42:04	46:07	48:48	53:36	57:42	1:01:01	1:06:18	1:12:25	1:20:10	1:24:01	1:26:21	1:29:33	1:33:24
	Kaulsdorfer OLV		1:17	6:33	0:36	2:00	2:05	6:12	11:54	1:35	1:47	2:20	5:45	4:03	2:41	4:48	4:06	3:19	5:17	6:07	7:45	3:51	2:20	3:12	3:51
			1:36:10	1:46:14	1:54:16	1:58:06	1:58:49																		
			2:46	10:04	8:02	3:50	0:43																		
8	Uwe Röhner	2:09:03	2:08	7:55	8:30	10:39	12:50	19:20	32:10	33:59	38:34	41:27	47:36	51:37	55:44	1:01:50	1:06:49	1:11:21	1:18:05	1:27:44	1:30:58	1:34:38	1:37:01	1:41:18	1:45:41
	SV IHW Alex 78 B		2:08	5:47	0:35	2:09	2:11	6:30	12:50	1:49	4:35	2:53	6:09	4:01	4:07	6:06	4:59	4:32	6:44	9:39	3:14	3:40	2:23	4:17	4:23
			1:49:03	1:57:48	2:04:48	2:08:24	2:09:03																		
			3:22	8:45	7:00	3:36	0:39																		
9	Nico Seegert	3:00:19	2:05	10:41	11:54	14:18	17:26	26:31	42:19	44:38	50:16	53:24	1:00:48	1:15:58	1:19:30	1:26:58	1:32:52	1:37:35	1:45:20	1:54:32	2:07:56	2:13:11	2:16:45	2:21:06	2:25:13
			2:05	8:36	1:13	2:24	3:08	9:05	15:48	2:19	5:38	3:08	7:24	15:10	3:32	7:28	5:54	4:43	7:45	9:12	13:24	5:15	3:34	4:21	4:07
			2:28:54	2:48:04	2:55:18	2:59:40	3:00:19																		
			3:41	19:10	7:14	4:22	0:39																		
	Leon Bauer	Aufg	1:22	7:25	7:56	10:44	12:52	17:34	28:54	30:51	33:04	35:27	40:17	44:28	47:28	57:03	1:01:41	1:05:35	-----	-----	-----	-----	-----	-----	-----
	OK Mark Brande		1:22	6:03	0:31	2:48	2:08	4:42	11:20	1:57	2:13	2:23	4:50	4:11	3:00	9:35	4:38	3:54							
			-----	-----	-----	1:14:17	1:15:05																		
						8:42	0:48																		
H35- (Herren ab 35) (7)																									
		10.4 km 0 Hm					16 P																		
		1(128)	2(113)	3(144)	4(143)	5(145)	6(138)	7(139)	8(118)	9(112)	10(110)	11(114)	12(108)	13(106)	14(102)	15(117)	16(116)	Ziel							
1	Hannes Heidrich	1:12:19	3:50	11:41	22:11	23:32	25:37	31:32	41:48	46:46	48:47	51:32	54:09	56:55	59:36	1:05:52	1:09:13	1:11:55	1:12:19						
	SV Robotron Dre		3:50	7:51	10:30	1:21	2:05	5:55	10:16	4:58	2:01	2:45	2:37	2:46	2:41	6:16	3:21	2:42	0:24						
2	Sven Karstädt	1:22:15	4:23	12:04	25:10	27:23	29:48	36:28	48:01	53:22	55:37	58:18	1:01:02	1:04:02	1:06:26	1:16:08	1:19:01	1:21:46	1:22:15						
	Berliner TSC		4:23	7:41	13:06	2:13	2:25	6:40	11:33	5:21	2:15	2:41	2:44	3:00	2:24	9:42	2:53	2:45	0:29						
3	Matthias Schwart	1:37:44	4:14	9:25	21:21	23:01	31:11	51:01	1:01:27	1:09:31	1:11:39	1:15:00	1:18:42	1:21:31	1:23:48	1:31:20	1:34:50	1:37:24	1:37:44						
	Berliner Turners		4:14	5:11	11:56	1:40	8:10	19:50	10:26	8:04	2:08	3:21	3:42	2:49	2:17	7:32	3:30	2:34	0:20						
4	Jerzy DEPTULA	1:39:36	5:05	12:53	29:55	32:12	35:10	44:56	58:08	1:06:51	1:09:01	1:12:48	1:16:29	1:19:51	1:23:09	1:31:25	1:35:36	1:39:03	1:39:36						
	UKS Energetyk D		5:05	7:48	17:02	2:17	2:58	9:46	13:12	8:43	2:10	3:47	3:41	3:22	3:18	8:16	4:11	3:27	0:33						
5	Oliver Gondring	1:41:35	4:52	10:41	24:20	25:59	28:49	36:59	1:01:50	1:09:59	1:11:56	1:14:36	1:19:09	1:22:34	1:26:01	1:34:07	1:37:38	1:40:58	1:41:35						
	OLV Potsdam		4:52	5:49	13:39	1:39	2:50	8:10	24:51	8:09	1:57	2:40	4:33	3:25	3:27	8:06	3:31	3:20	0:37						

Pl	Name	Zeit															Ziel			
H35- (Herren ab 35) (7)			10.4 km 0 Hm 16 P (Forts.)																	
			1(128)	2(113)	3(144)	4(143)	5(145)	6(138)	7(139)	8(118)	9(112)	10(110)	11(114)	12(108)	13(106)	14(102)	15(117)	16(116)	Ziel	
6	Hartmut Brettsch Kaulsdorfer OLV	2:00:57	5:57	13:40	29:27	31:59	35:03	44:57	1:01:09	1:11:19	1:15:11	1:19:36	1:24:23	1:30:13	1:34:49	1:44:26	1:55:21	2:00:04	2:00:57	
			5:57	7:43	15:47	2:32	3:04	9:54	16:12	10:10	3:52	4:25	4:47	5:50	4:36	9:37	10:55	4:43	0:53	
7	Frank Mieske Kaulsdorfer OLV	2:25:12	7:55	17:38	30:57	32:33	35:04	53:44	1:05:55	1:12:46	1:36:39	1:41:45	1:46:18	1:54:42	1:58:39	2:12:19	2:19:06	2:24:27	2:25:12	
			7:55	9:43	13:19	1:36	2:31	18:40	12:11	6:51	23:53	5:06	4:33	8:24	3:57	13:40	6:47	5:21	0:45	
H40- (Herren ab 40) (13)			9.4 km 0 Hm 15 P																	
			1(128)	2(140)	3(120)	4(113)	5(144)	6(143)	7(145)	8(107)	9(139)	10(118)	11(108)	12(106)	13(123)	14(103)	15(129)	Ziel		
1	Stefan Bleidorn SV IHW Alex 78 B	1:09:56	4:40	6:20	8:12	12:06	24:04	25:56	28:05	37:17	46:41	52:00	52:46	55:22	1:00:24	1:04:12	1:06:23	1:09:56		
			4:40	1:40	1:52	3:54	11:58	1:52	2:09	9:12	9:24	5:19	0:46	2:36	5:02	3:48	2:11	3:33		
2	Péter Adorján Berliner TSC	1:13:38	6:16	7:59	9:48	13:33	26:36	28:14	30:34	38:55	49:11	55:27	56:14	58:57	1:03:32	1:07:10	1:09:47	1:13:38		
			6:16	1:43	1:49	3:45	13:03	1:38	2:20	8:21	10:16	6:16	0:47	2:43	4:35	3:38	2:37	3:51		
3	Mariusz KRAMSK UKS Energetyk D	1:19:22	4:30	5:58	7:49	12:04	24:43	26:19	28:54	39:39	49:34	1:00:03	1:01:44	1:04:20	1:09:12	1:12:57	1:15:35	1:19:22		
			4:30	1:28	1:51	4:15	12:39	1:36	2:35	10:45	9:55	10:29	1:41	2:36	4:52	3:45	2:38	3:47		
4	Andreas Rudert SV IHW Alex 78 B	1:28:26	5:42	7:33	10:25	15:46	29:42	31:46	34:46	44:50	54:55	1:03:58	1:04:49	1:07:42	1:14:45	1:19:00	1:23:46	1:28:26		
			5:42	1:51	2:52	5:21	13:56	2:04	3:00	10:04	10:05	9:03	0:51	2:53	7:03	4:15	4:46	4:40		
5	Mindaugas Sapal SV IHW Alex 78 B	1:30:48	7:38	9:26	11:58	17:50	31:58	33:59	37:00	48:17	59:50	1:08:35	1:09:20	1:12:33	1:18:27	1:22:42	1:26:05	1:30:48		
			7:38	1:48	2:32	5:52	14:08	2:01	3:01	11:17	11:33	8:45	0:45	3:13	5:54	4:15	3:23	4:43		
6	Tinko Siebert OLV Potsdam	1:32:03	4:44	7:40	9:59	14:43	29:07	31:29	38:09	48:42	59:43	1:07:22	1:08:25	1:11:46	1:18:09	1:22:43	1:26:47	1:32:03		
			4:44	2:56	2:19	4:44	14:24	2:22	6:40	10:33	11:01	7:39	1:03	3:21	6:23	4:34	4:04	5:16		
7	Leopold Kühsch Berliner Turners	1:37:34	7:21	9:46	12:30	18:22	32:33	34:57	37:58	49:06	1:00:44	1:09:25	1:12:42	1:16:37	1:24:49	1:29:24	1:33:06	1:37:34		
			7:21	2:25	2:44	5:52	14:11	2:24	3:01	11:08	11:38	8:41	3:17	3:55	8:12	4:35	3:42	4:28		
8	Marcin GRYDZIU UKS Energetyk D	1:38:25	5:13	7:31	9:43	20:45	33:50	35:36	38:23	51:05	1:01:43	1:09:07	1:09:53	1:13:08	1:26:39	1:31:56	1:34:46	1:38:25		
			5:13	2:18	2:12	11:02	13:05	1:46	2:47	12:42	10:38	7:24	0:46	3:15	13:31	5:17	2:50	3:39		
9	Oleg Kharitonov SV IHW Alex 78 B	2:14:10	8:02	13:01	16:33	22:43	43:35	46:26	50:37	1:05:30	1:22:22	1:38:47	1:40:27	1:46:30	1:55:59	2:02:13	2:07:48	2:14:10		
			8:02	4:59	3:32	6:10	20:52	2:51	4:11	14:53	16:52	16:25	1:40	6:03	9:29	6:14	5:35	6:22		
10	Stefan Winterfeld SV IHW Alex 78 B	2:34:49	10:20	13:32	17:50	34:01	59:44	1:11:39	1:16:02	1:32:12	1:48:25	2:00:11	2:01:32	2:05:46	2:16:41	2:23:42	2:29:30	2:34:49	16:02	
			10:20	3:12	4:18	16:11	25:43	11:55	4:23	16:10	16:13	11:46	1:21	4:14	10:55	7:01	5:48	5:19	*101	
11	Maxim Keller SV IHW Alex 78 B	2:35:45	7:30	10:49	13:30	33:50	53:51	57:20	1:05:52	1:27:34	1:47:46	1:59:50	2:01:18	2:06:24	2:18:01	2:24:10	2:30:10	2:35:45		
			7:30	3:19	2:41	20:20	20:01	3:29	8:32	21:42	20:12	12:04	1:28	5:06	11:37	6:09	6:00	5:35		
	Carl W. Distler Berliner TSC	Fehlst	4:22	6:11	-----	11:18	24:45	26:33	28:57	37:31	46:22	53:23	54:06	57:29	1:03:47	1:07:14	1:09:37	1:13:23	7:35	
			4:22	1:49		5:07	13:27	1:48	2:24	8:34	8:51	7:01	0:43	3:23	6:18	3:27	2:23	3:46	*101	
AK	Oliver Schakat Berliner TSC	2:03:10	7:00	10:49	13:27	24:19	41:34	48:10	51:24	1:12:12	1:24:21	1:34:07	1:34:59	1:38:16	1:45:38	1:49:49	1:55:29	2:03:10		
			7:00	3:49	2:38	10:52	17:15	6:36	3:14	20:48	12:09	9:46	0:52	3:17	7:22	4:11	5:40	7:41		
H45- (Herren ab 45) (8)			8.7 km 0 Hm 17 P																	
			1(132)	2(128)	3(140)	4(146)	5(115)	6(104)	7(142)	8(138)	9(127)	10(141)	11(107)	12(139)	13(102)	14(117)	15(103)	16(135)	17(116)	Ziel
1	Udo Lange SV IHW Alex 78 B	1:05:25	1:19	4:32	6:20	9:29	18:08	21:37	26:52	29:55	33:11	36:18	42:35	50:49	53:29	57:00	1:00:12	1:02:36	1:04:56	1:05:25
			1:19	3:13	1:48	3:09	8:39	3:29	5:15	3:03	3:16	3:07	6:17	8:14	2:40	3:31	3:12	2:24	2:20	0:29
2	Henry Jobst Kaulsdorfer OLV	1:15:01	1:21	5:12	7:22	10:37	20:12	22:42	33:19	37:23	41:10	44:54	50:13	59:11	1:02:13	1:05:36	1:09:08	1:12:04	1:14:29	1:15:01
			1:21	3:51	2:10	3:15	9:35	2:30	10:37	4:04	3:44	3:44	5:19	8:58	3:02	3:23	3:32	2:56	2:25	0:32
3	Michael Hase TSV Karlshorst	1:22:13	1:12	5:13	7:01	10:14	19:25	22:06	26:58	36:37	46:24	49:29	56:00	1:05:15	1:08:32	1:12:20	1:16:11	1:18:45	1:21:41	1:22:13
			1:12	4:01	1:48	3:13	9:11	2:41	4:52	9:39	9:47	3:05	6:31	9:15	3:17	3:48	3:51	2:34	2:56	0:32
4	Jochen Winkler Kaulsdorfer OLV	1:23:48	1:36	5:35	7:23	11:28	23:32	26:46	32:30	36:43	40:36	44:58	51:57	1:01:51	1:05:37	1:12:02	1:16:30	1:19:36	1:23:14	1:23:48
			1:36	3:59	1:48	4:05	12:04	3:14	5:44	4:13	3:53	4:22	6:59	9:54	3:46	6:25	4:28	3:06	3:38	0:34
5	Holger Ehms SG LVB Leipzig	1:23:59	1:30	5:24	8:14	13:29	25:23	28:25	34:28	38:41	42:52	46:42	53:31	1:05:02	1:08:36	1:12:35	1:17:05	1:20:18	1:23:27	1:23:59
			1:30	3:54	2:50	5:15	11:54	3:02	6:03	4:13	4:11	3:50	6:49	11:31	3:34	3:59	4:30	3:13	3:09	0:32
6	Stefan Edelhoff SV IHW Alex 78 B	1:31:08	1:36	5:45	8:02	14:59	30:25	34:36	40:29	45:48	51:31	54:38	1:04:56	1:13:56	1:17:15	1:20:49	1:24:48	1:27:51	1:30:33	1:31:08
			1:36	4:09	2:17	6:57	15:26	4:11	5:53	5:19	5:43	3:07	10:18	9:00	3:19	3:34	3:59	3:03	2:42	0:35
7	Frank Braatz SV IHW Alex 78 B	1:31:47	1:42	5:54	8:18	12:43	25:13	28:41	37:18	41:58	45:58	50:11	57:20	1:10:49	1:15:10	1:19:35	1:24:38	1:28:02	1:31:04	1:31:47
			1:42	4:12	2:24	4:25	12:30	3:28	8:37	4:40	4:00	4:13	7:09	13:29	4:21	4:25	5:03	3:24	3:02	0:43

32:17
*145

Pl	Name	Zeit																																							
H45- (Herren ab 45) (8)																			8.7 km 0 Hm		17 P		(Forts.)																		
		1(132)	2(128)	3(140)	4(146)	5(115)	6(104)	7(142)	8(138)	9(127)	10(141)	11(107)	12(139)	13(102)	14(117)	15(103)	16(135)	17(116)	Ziel																						
8	Matthias Forberg	1:35:15	2:04	6:06	8:07	12:36	24:27	28:15	35:04	40:54	49:36	54:06	1:01:17	1:13:02	1:17:29	1:23:13	1:28:04	1:31:21	1:34:23	1:35:15	47:52																				
	SV IHW Alex 78 B		2:04	4:02	2:01	4:29	11:51	3:48	6:49	5:50	8:42	4:30	7:11	11:45	4:27	5:44	4:51	3:17	3:02	0:52	*132																				
H50- (Herren ab 50) (12)																			7.7 km 0 Hm		15 P																				
		1(132)	2(120)	3(146)	4(115)	5(143)	6(145)	7(104)	8(138)	9(139)	10(102)	11(117)	12(103)	13(129)	14(141)	15(116)	Ziel																								
1	Lutz Spranger	57:39	1:38	6:18	8:08	16:23	18:33	20:48	22:46	28:46	40:06	43:24	46:58	50:50	53:04	55:53	57:08	57:39																							
	TSV Karlshorst		1:38	4:40	1:50	8:15	2:10	2:15	1:58	6:00	11:20	3:18	3:34	3:52	2:14	2:49	1:15	0:31																							
2	Uwe Brettschnei	58:28	1:15	6:00	7:28	18:20	20:29	22:39	24:02	30:01	41:19	45:39	48:30	52:00	54:25	56:50	57:58	58:28																							
	Kaulsdorfer OLV		1:15	4:45	1:28	10:52	2:09	2:10	1:23	5:59	11:18	4:20	2:51	3:30	2:25	2:25	1:08	0:30																							
3	Gerhard Brettsch	1:00:43	1:16	6:37	8:12	17:09	19:22	21:55	23:14	31:16	43:05	46:33	49:26	53:34	56:02	58:57	1:00:12	1:00:43																							
	Kaulsdorfer OLV		1:16	5:21	1:35	8:57	2:13	2:33	1:19	8:02	11:49	3:28	2:53	4:08	2:28	2:55	1:15	0:31																							
4	Sven Demmig	1:03:17	1:26	7:12	8:52	18:17	20:24	23:01	24:58	32:03	45:10	48:37	52:18	56:03	58:47	1:01:38	1:02:48	1:03:17																							
	Kaulsdorfer OLV		1:26	5:46	1:40	9:25	2:07	2:37	1:57	7:05	13:07	3:27	3:41	3:45	2:44	2:51	1:10	0:29																							
5	Fred Jensch	1:05:40	1:27	7:06	9:11	18:38	21:07	23:53	25:46	32:40	45:09	49:10	54:21	58:17	1:01:05	1:03:58	1:05:10	1:05:40																							
	OK Mark Brande		1:27	5:39	2:05	9:27	2:29	2:46	1:53	6:54	12:29	4:01	5:11	3:56	2:48	2:53	1:12	0:30																							
6	Dirk Mönch	1:13:22	2:08	8:48	10:31	20:54	23:33	26:27	28:08	36:48	52:15	56:04	59:50	1:04:15	1:07:29	1:11:19	1:12:34	1:13:22																							
	Köpenicker SC		2:08	6:40	1:43	10:23	2:39	2:54	1:41	8:40	15:27	3:49	3:46	4:25	3:14	3:50	1:15	0:48																							
7	Dirk Bringezu	1:22:04	2:09	9:35	11:51	22:25	26:48	30:24	32:23	40:52	57:33	1:02:22	1:06:51	1:11:46	1:15:30	1:19:32	1:21:18	1:22:04																							
	OLV Potsdam		2:09	7:26	2:16	10:34	4:23	3:36	1:59	8:29	16:41	4:49	4:29	4:55	3:44	4:02	1:46	0:46																							
8	Kai Dalüge	1:24:08	1:36	7:31	10:21	20:51	23:49	29:47	31:13	40:49	56:18	1:00:50	1:07:01	1:12:35	1:16:42	1:22:01	1:23:29	1:24:08																							
	SV IHW Alex 78 B		1:36	5:55	2:50	10:30	2:58	5:58	1:26	9:36	15:29	4:32	6:11	5:34	4:07	5:19	1:28	0:39																							
9	Thomas Grassow	1:27:08	1:49	10:42	13:05	25:37	28:36	31:50	34:06	45:43	1:02:21	1:06:20	1:11:09	1:16:08	1:20:26	1:24:54	1:26:36	1:27:08																							
	Kaulsdorfer OLV		1:49	8:53	2:23	12:32	2:59	3:14	2:16	11:37	16:38	3:59	4:49	4:59	4:18	4:28	1:42	0:32																							
10	Norbert Charlet	1:32:14	2:29	10:55	13:33	26:19	29:26	34:12	36:56	49:23	1:04:34	1:09:03	1:14:14	1:21:41	1:25:41	1:29:33	1:31:25	1:32:14																							
	Kaulsdorfer OLV		2:29	8:26	2:38	12:46	3:07	4:46	2:44	12:27	15:11	4:29	5:11	7:27	4:00	3:52	1:52	0:49																							
11	Thomas Boeck	1:37:25	2:15	10:39	12:59	25:30	28:46	32:37	34:34	43:53	1:02:14	1:07:37	1:15:38	1:22:33	1:27:42	1:34:26	1:36:41	1:37:25																							
	Kaulsdorfer OLV		2:15	8:24	2:20	12:31	3:16	3:51	1:57	9:19	18:21	5:23	8:01	6:55	5:09	6:44	2:15	0:44																							
12	André Feldmann	1:45:00	2:31	10:43	12:52	30:30	33:53	38:02	40:15	55:38	1:16:08	1:21:37	1:27:11	1:33:05	1:36:37	1:42:23	1:44:18	1:45:00																							
	Kaulsdorfer OLV		2:31	8:12	2:09	17:38	3:23	4:09	2:13	15:23	20:30	5:29	5:34	5:54	3:32	5:46	1:55	0:42																							
H55- (Herren ab 55) (7)																			6.7 km 0 Hm		10 P																				
		1(101)	2(146)	3(115)	4(104)	5(138)	6(139)	7(102)	8(117)	9(141)	10(116)	Ziel																													
1	Bernd Käding	57:30	7:38	9:34	18:44	22:00	30:18	43:14	46:47	50:03	55:22	56:57	57:30																												
	Kaulsdorfer OLV		7:38	1:56	9:10	3:16	8:18	12:56	3:33	3:16	5:19	1:35	0:33																												
2	Volker Otto	1:07:39	9:38	11:54	22:01	25:41	34:19	50:11	55:03	1:01:02	1:05:41	1:07:05	1:07:39																												
	Kaulsdorfer OLV		9:38	2:16	10:07	3:40	8:38	15:52	4:52	5:59	4:39	1:24	0:34																												
3	Dieter Müller-Dan	1:10:46	10:55	13:21	24:47	28:50	38:03	54:58	59:10	1:03:43	1:08:39	1:10:14	1:10:46																												
	TSV Karlshorst		10:55	2:26	11:26	4:03	9:13	16:55	4:12	4:33	4:56	1:35	0:32																												
4	Andreas Kapisch	1:14:49	7:26	9:14	18:17	21:39	40:18	1:00:34	1:03:46	1:07:52	1:12:00	1:14:15	1:14:49	35:39																											
	OK Mark Brande		7:26	1:48	9:03	3:22	18:39	20:16	3:12	4:06	4:08	2:15	0:34	*105																											
5	Michael Neidhard	1:24:09	10:45	13:10	26:48	31:15	43:48	1:02:29	1:07:32	1:15:42	1:21:38	1:23:26	1:24:09																												
	ESV Lok Berlin-S		10:45	2:25	13:38	4:27	12:33	18:41	5:03	8:10	5:56	1:48	0:43																												
6	Frank-Dieter Hoff	1:31:54	10:27	13:03	25:54	30:18	40:40	57:53	1:12:12	1:17:02	1:29:36	1:31:23	1:31:54																												
			10:27	2:36	12:51	4:24	10:22	17:13	14:19	4:50	12:34	1:47	0:31																												
AK	Bernd Graumann	1:10:57	7:48	10:57	29:50	32:48	41:18	55:20	1:00:35	1:03:57	1:08:43	1:10:25	1:10:57																												
	ESV Lok Berlin-S		7:48	3:09	18:53	2:58	8:30	14:02	5:15	3:22	4:46	1:42	0:32																												

Pl	Name	Zeit															
H60- (Herren ab 60) (3)																	
		6.0 km 0 Hm							13 P								
		1(119)	2(127)	3(101)	4(146)	5(145)	6(104)	7(128)	8(120)	9(142)	10(138)	11(107)	12(141)	13(116)	Ziel		
1	Wolfgang Kössle	1:14:36	2:30	5:10	12:32	15:30	26:24	28:45	42:41	46:06	51:08	58:25	1:02:43	1:11:44	1:13:46	1:14:36	
	Volkssport Berli		2:30	2:40	7:22	2:58	10:54	2:21	13:56	3:25	5:02	7:17	4:18	9:01	2:02	0:50	
2	Janusz MICHALE	1:20:39	1:10	3:06	9:07	11:16	26:05	27:33	38:46	41:25	58:26	1:03:21	1:18:33	1:19:54	1:20:39		
	UKS Energetyk D		1:10	1:56	6:01	2:09	14:49	1:28	11:13	2:39	4:00	13:01	4:55	15:12	1:21	0:45	
AK	Michael Nietsch	1:05:14	1:05	3:11	10:54	13:10	26:29	28:19	39:54	42:23	46:22	54:14	57:44	1:03:21	1:04:40	1:05:14	
	TOLF Berlin		1:05	2:06	7:43	2:16	13:19	1:50	11:35	2:29	3:59	7:52	3:30	5:37	1:19	0:34	
H65- (Herren ab 65) (5)																	
		5.4 km 0 Hm							14 P								
		1(119)	2(127)	3(138)	4(142)	5(145)	6(104)	7(105)	8(107)	9(129)	10(103)	11(102)	12(122)	13(117)	14(116)	Ziel	
1	Gerhard Plötz	1:06:52	1:19	3:34	8:48	14:47	24:00	26:08	36:53	39:20	42:46	47:15	55:21	57:19	1:01:33	1:06:08	1:06:52
	OLV Potsdam		1:19	2:15	5:14	5:59	9:13	2:08	10:45	2:27	3:26	4:29	8:06	1:58	4:14	4:35	0:44
2	Helmut Fillinger	1:11:11	1:22	4:03	10:37	15:45	23:54	26:26	39:40	41:57	46:17	51:24	57:01	1:01:13	1:05:45	1:10:27	1:11:11
	SV IHW Alex 78 B		1:22	2:41	6:34	5:08	8:09	2:32	13:14	2:17	4:20	5:07	5:37	4:12	4:32	4:42	0:44
3	Rudolf Herold	1:17:04	3:19	6:51	13:53	20:51	29:47	32:05	45:16	47:35	51:17	56:48	1:03:06	1:05:28	1:10:43	1:16:09	1:17:04
	Kaulsdorfer OLV		3:19	3:32	7:02	6:58	8:56	2:18	13:11	2:19	3:42	5:31	6:18	2:22	5:15	5:26	0:55
4	Matthias Wauer	1:29:59	2:06	4:48	21:33	27:06	37:21	40:06	55:30	58:19	1:02:02	1:07:06	1:14:53	1:16:56	1:23:40	1:29:10	1:29:59
	OLV Potsdam		2:06	2:42	16:45	5:33	10:15	2:45	15:24	2:49	3:43	5:04	7:47	2:03	6:44	5:30	0:49
	Wolfgang Fink	Fehlst	7:57	11:11	27:55	42:03	50:12	53:30	1:07:54	1:12:19	1:17:07	1:22:41	1:28:22	1:30:38	-----	-----	1:45:18
	TSV 90 Röbel		7:57	3:14	16:44	14:08	8:09	3:18	14:24	4:25	4:48	5:34	5:41	2:16			14:40
H70- (Herren ab 70) (2)																	
		4.7 km 0 Hm							10 P								
		1(119)	2(127)	3(128)	4(140)	5(101)	6(145)	7(104)	8(138)	9(107)	10(116)					Ziel	
1	Bernd Wollenber	1:22:06	3:18	6:17	11:04	14:24	19:52	42:03	45:08	1:04:55	1:09:54	1:20:43	1:22:06				
	Berliner TSC		3:18	2:59	4:47	3:20	5:28	22:11	3:05	19:47	4:59	10:49	1:23				
2	Rainer Müller	1:36:40	2:06	6:19	13:23	22:14	26:51	50:57	55:57	1:13:58	1:22:06	1:35:22	1:36:40				
	USV TU Dresden		2:06	4:13	7:04	8:51	4:37	24:06	5:00	18:01	8:08	13:16	1:18				
H75- (Herren ab 75) (2)																	
		4.0 km 0 Hm							8 P								
		1(101)	2(120)	3(142)	4(105)	5(107)	6(103)	7(117)	8(141)							Ziel	
1	Rolf Thiel	1:00:31	11:11	12:10	17:30	35:18	37:28	45:09	51:39	57:42	1:00:31						
	SV IHW Alex 78 B		11:11	0:59	5:20	17:48	2:10	7:41	6:30	6:03	2:49						
	Jerzy OSTOJSKI	Aufg	22:45	23:27	-----	-----	-----	-----	-----	-----	53:13						
	UKS Energetyk D		22:45	0:42							29:46						
H80- (Herren ab 80) (1)																	
		2.9 km 0 Hm							6 P								
		1(128)	2(138)	3(107)	4(103)	5(117)	6(116)									Ziel	
1	Yves Baujard	1:09:04	10:00	29:21	34:50	43:37	1:01:46	1:08:06	1:09:04								
	SV IHW Alex 78 B		10:00	19:21	5:29	8:47	18:09	6:20	0:58								